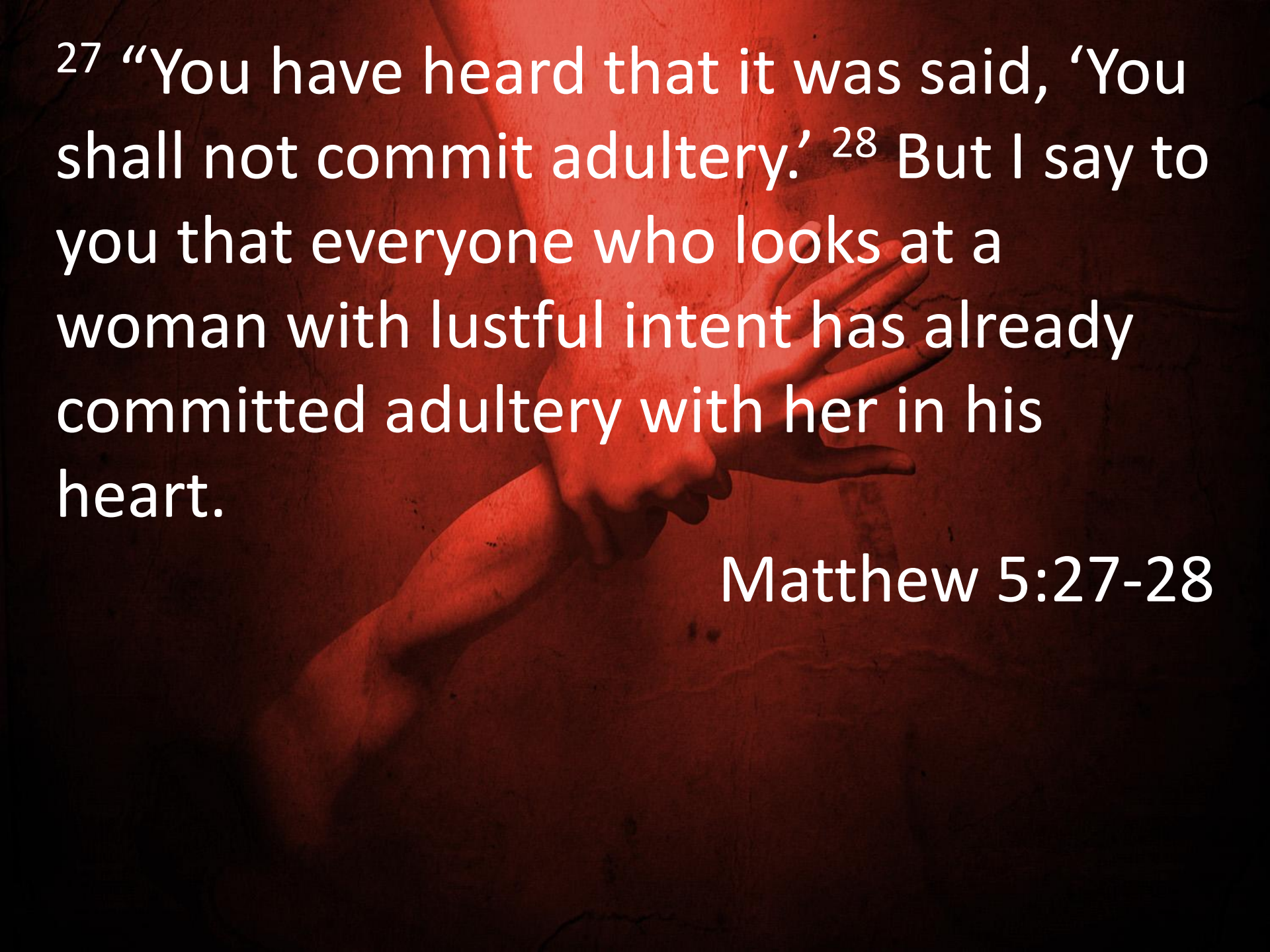




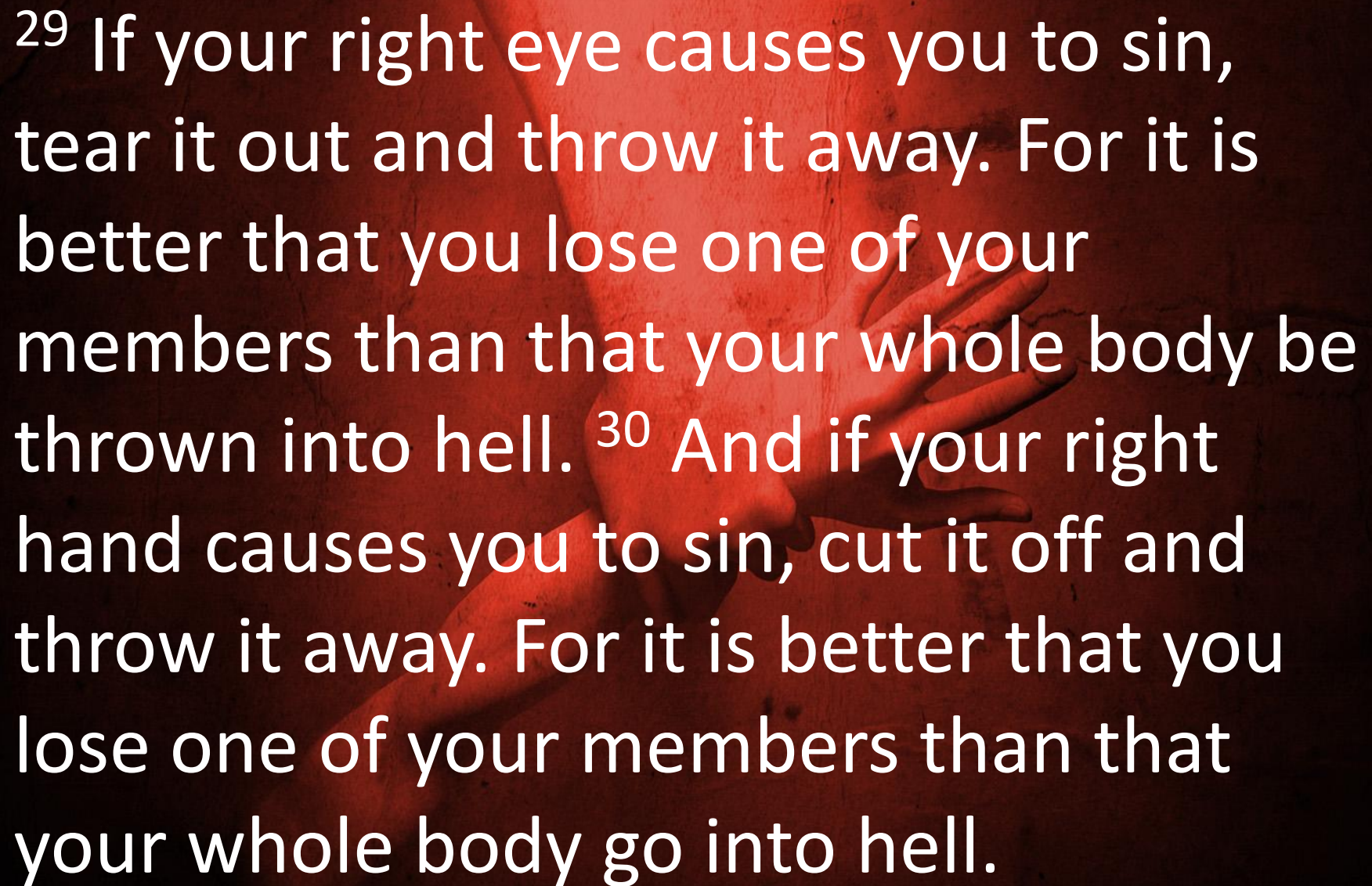
Getting Help

For lustful
desires & actions



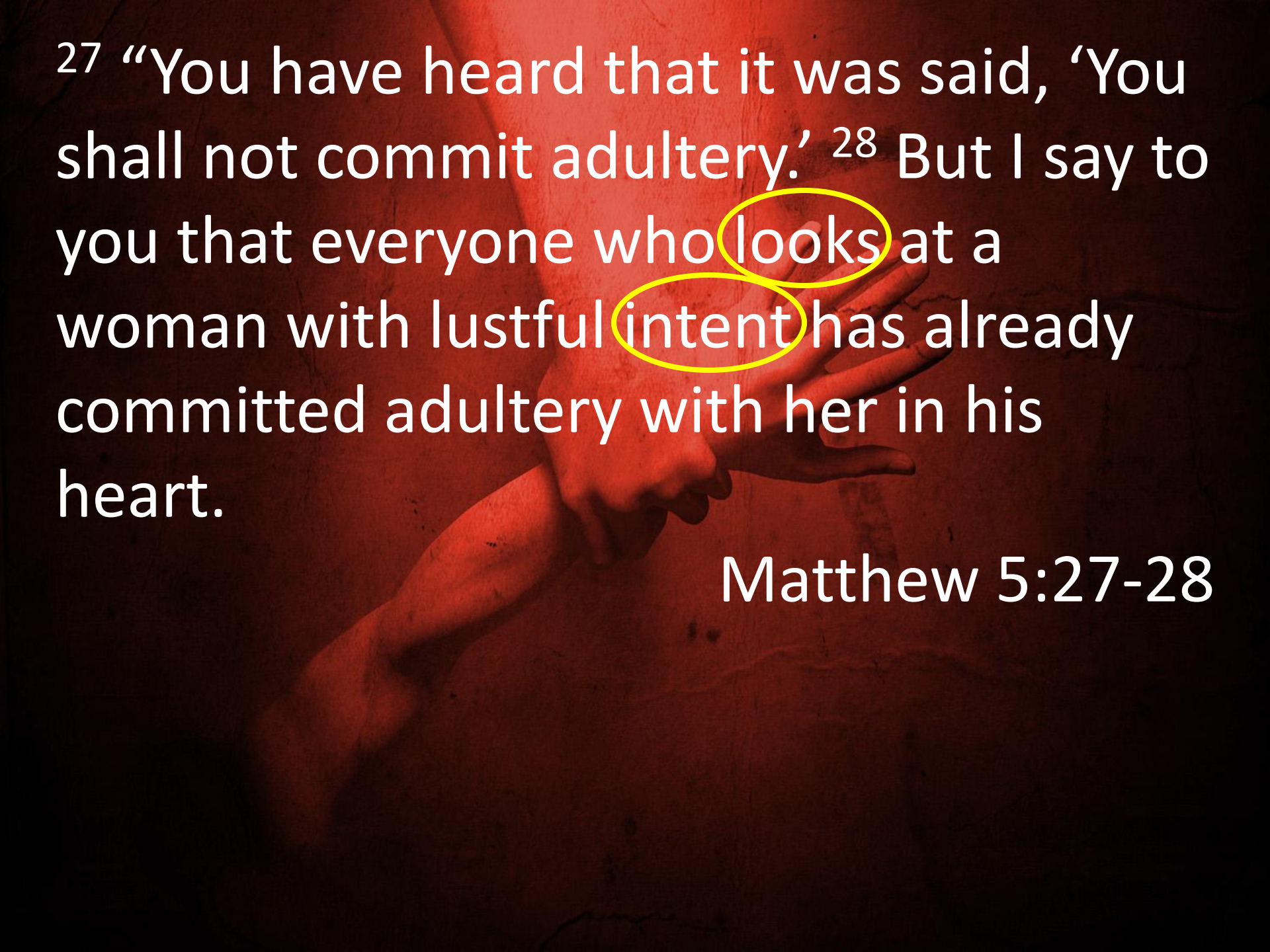
27 “You have heard that it was said, ‘You shall not commit adultery.’ 28 But I say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart.

Matthew 5:27-28



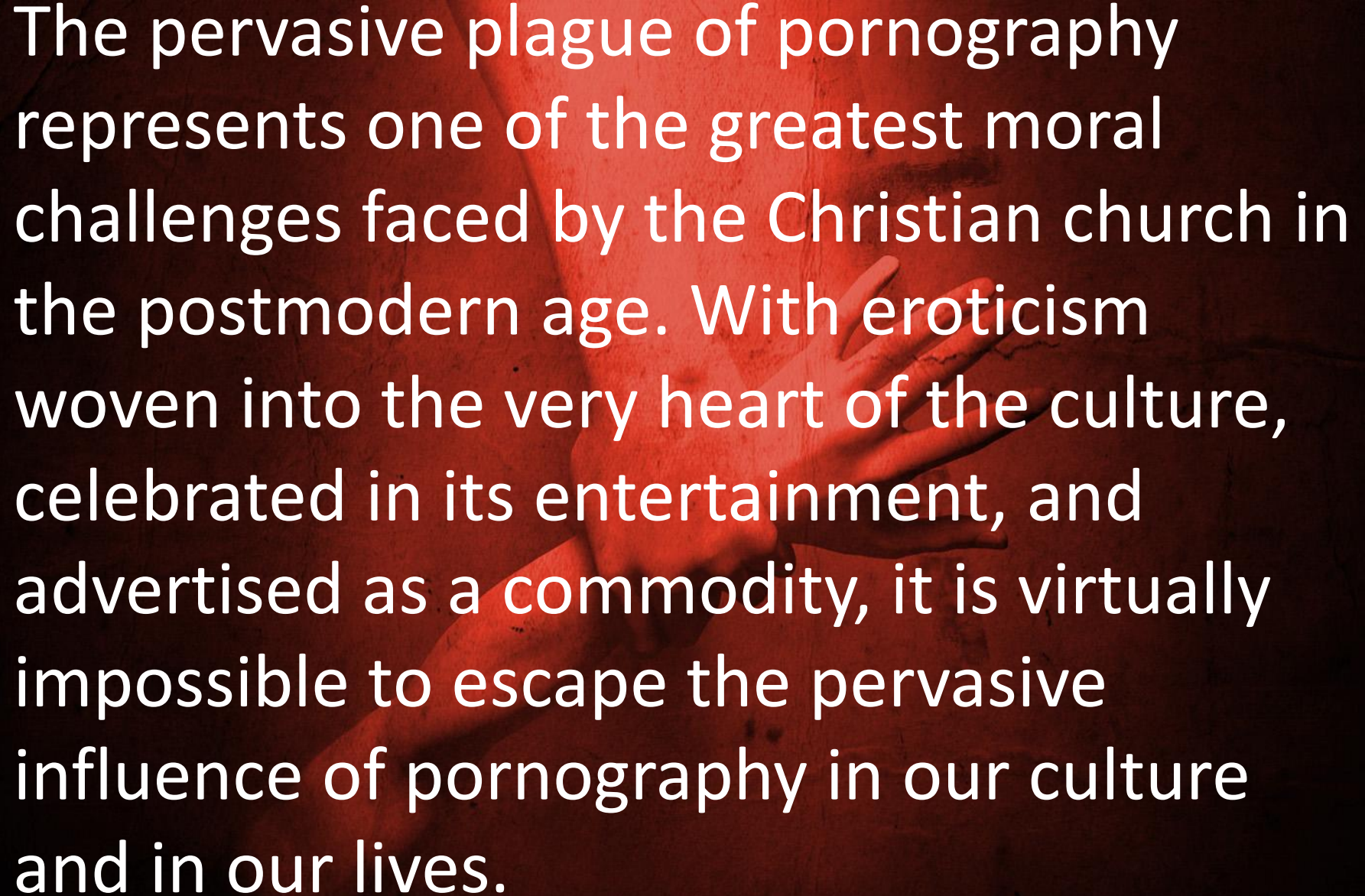
29 If your right eye causes you to sin, tear it out and throw it away. For it is better that you lose one of your members than that your whole body be thrown into hell. 30 And if your right hand causes you to sin, cut it off and throw it away. For it is better that you lose one of your members than that your whole body go into hell.

Matthew 5:29-30



27 “You have heard that it was said, ‘You shall not commit adultery.’ 28 But I say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart.

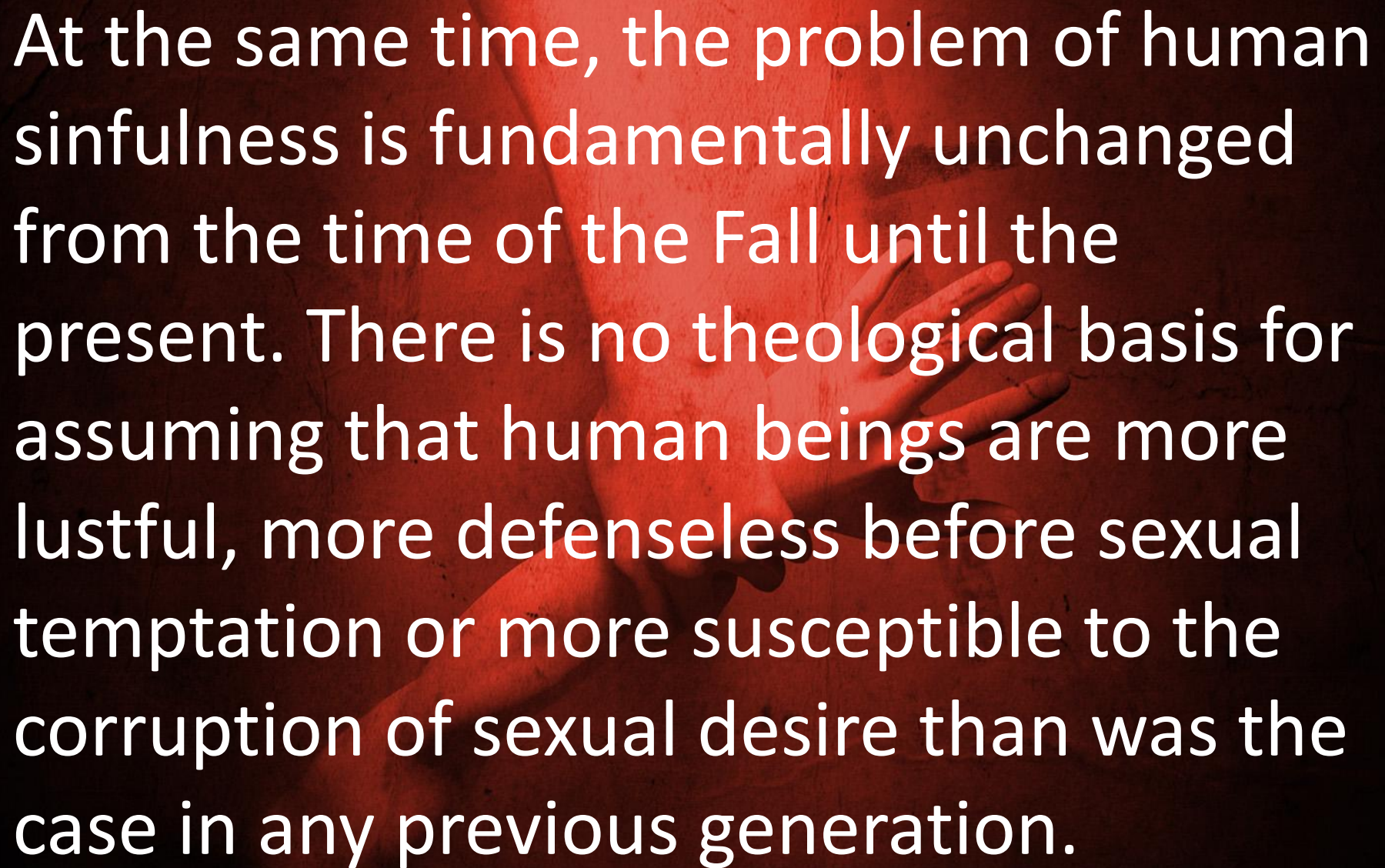
Matthew 5:27-28



The pervasive plague of pornography represents one of the greatest moral challenges faced by the Christian church in the postmodern age. With eroticism woven into the very heart of the culture, celebrated in its entertainment, and advertised as a commodity, it is virtually impossible to escape the pervasive influence of pornography in our culture and in our lives.

Dr. Al Mohler

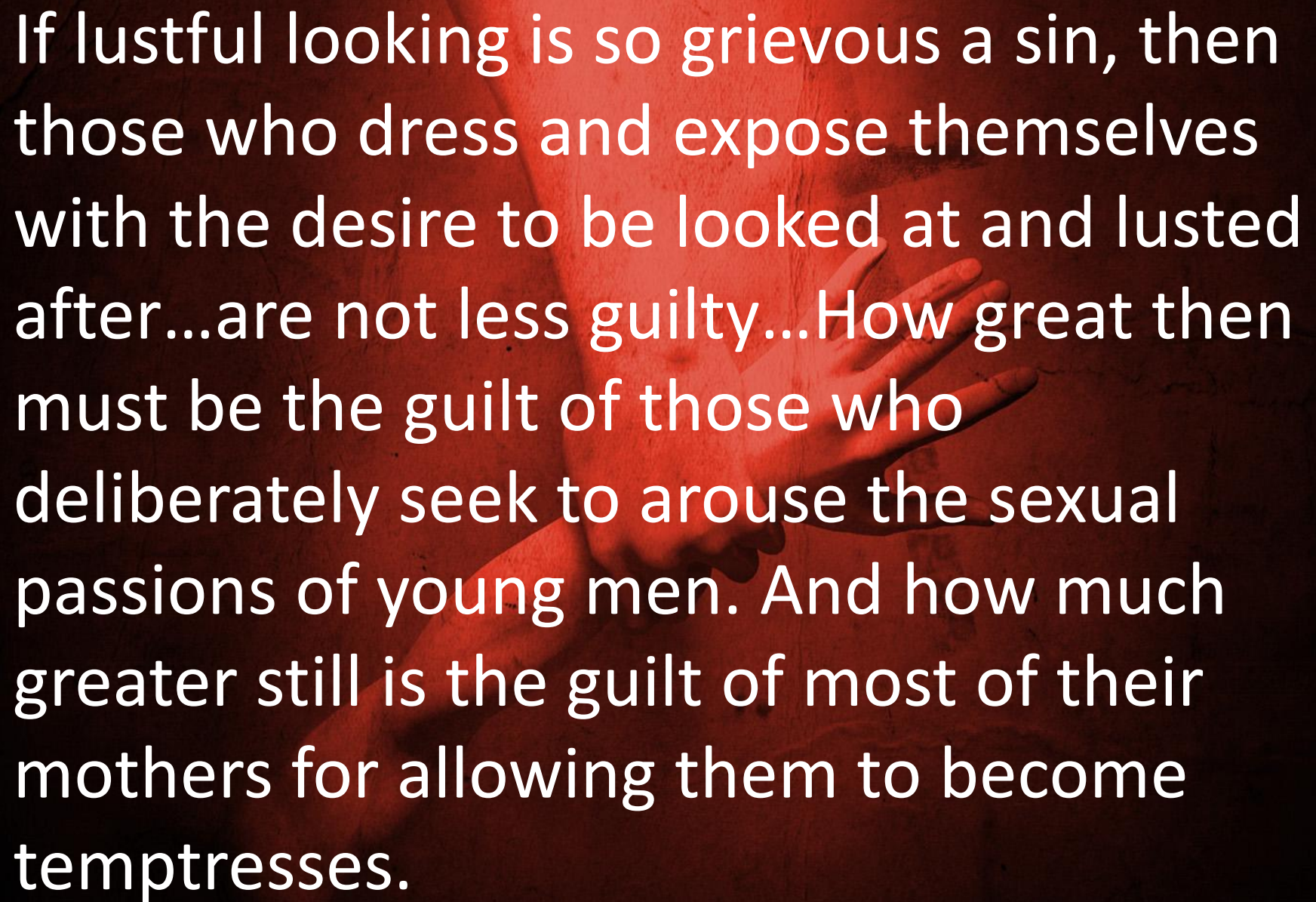
The Seduction of Pornography



At the same time, the problem of human sinfulness is fundamentally unchanged from the time of the Fall until the present. There is no theological basis for assuming that human beings are more lustful, more defenseless before sexual temptation or more susceptible to the corruption of sexual desire than was the case in any previous generation.

Dr. Al Mohler

The Seduction of Pornography



If lustful looking is so grievous a sin, then those who dress and expose themselves with the desire to be looked at and lusted after...are not less guilty...How great then must be the guilt of those who deliberately seek to arouse the sexual passions of young men. And how much greater still is the guilt of most of their mothers for allowing them to become temptresses.

A.W. Pink

- Admit...

- Repent...

- Prepare...



- Admit **the reality of the temptation.**

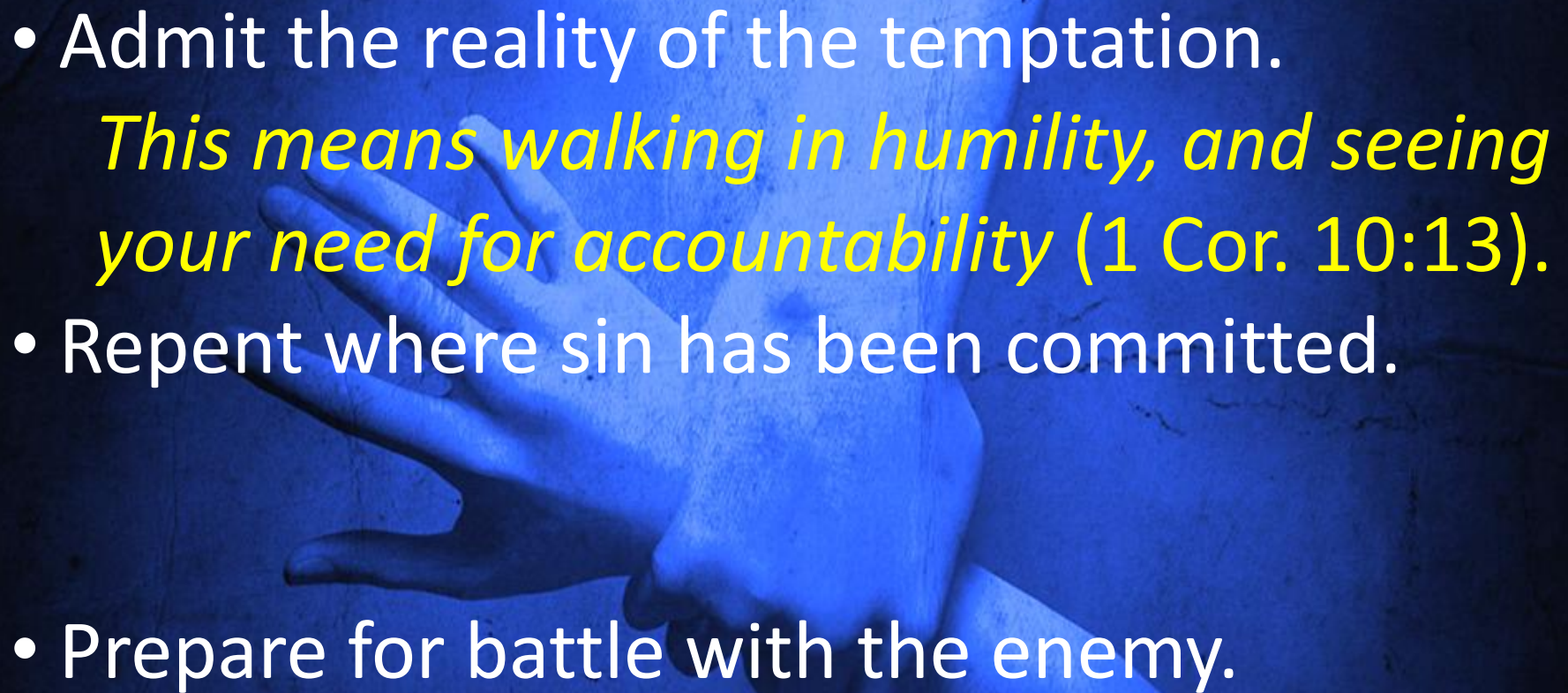
- Repent...

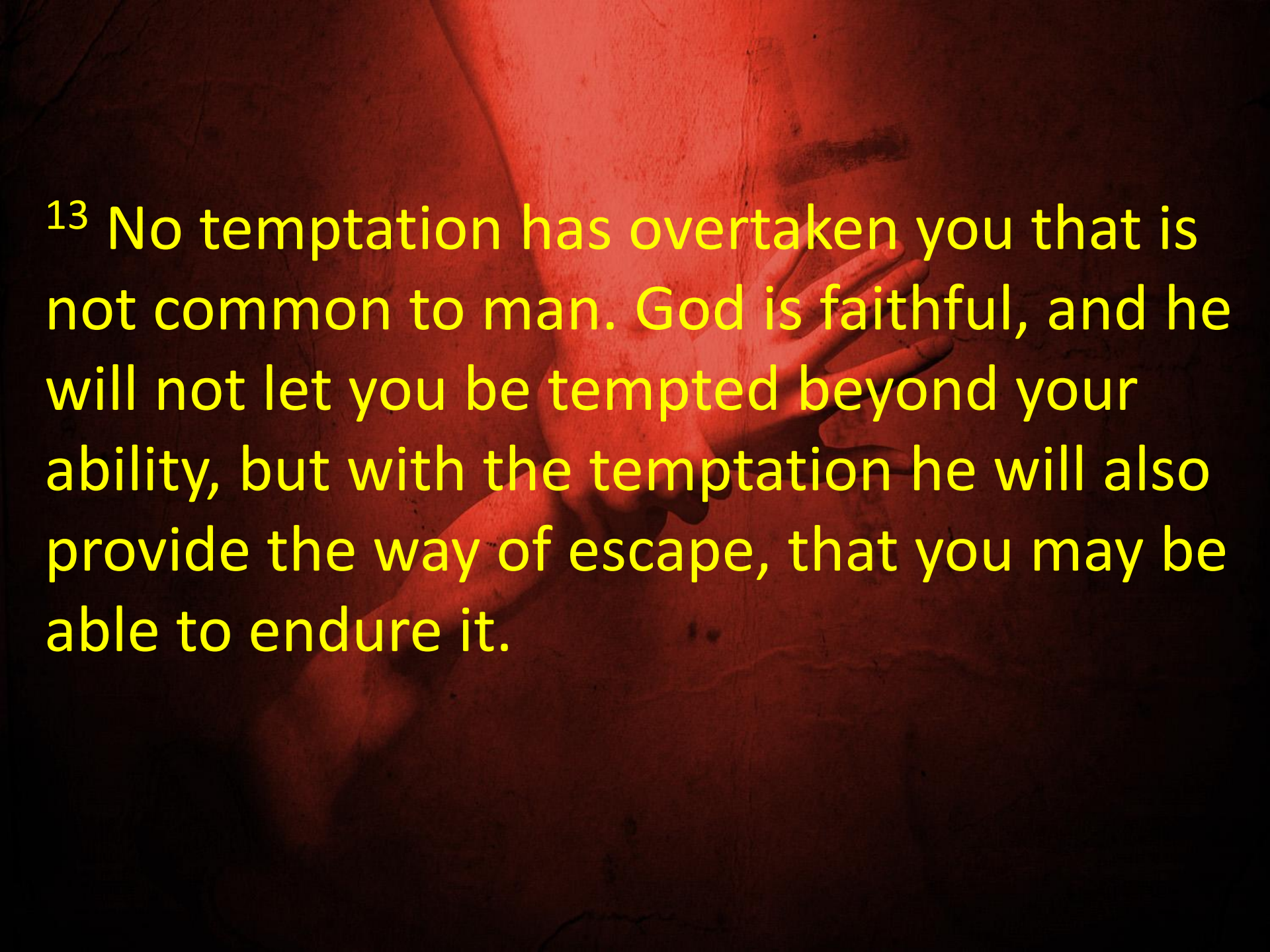
- Prepare...



- 
- A blue-tinted photograph of a hand being held by another hand, symbolizing support or temptation. The background is a textured, slightly mottled blue. The text is overlaid on the left side of the image.
- Admit the reality of the temptation.
 - Repent where sin has been committed.
 - Prepare...

- 
- A blue-tinted photograph of a hand being held by another hand, symbolizing support or guidance. The background is a textured, light-colored surface.
- Admit the reality of the temptation.
 - Repent where sin has been committed.
 - Prepare for battle with the enemy.

- 
- Admit the reality of the temptation.
This means walking in humility, and seeing your need for accountability (1 Cor. 10:13).
 - Repent where sin has been committed.
 - Prepare for battle with the enemy.



¹³ No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.

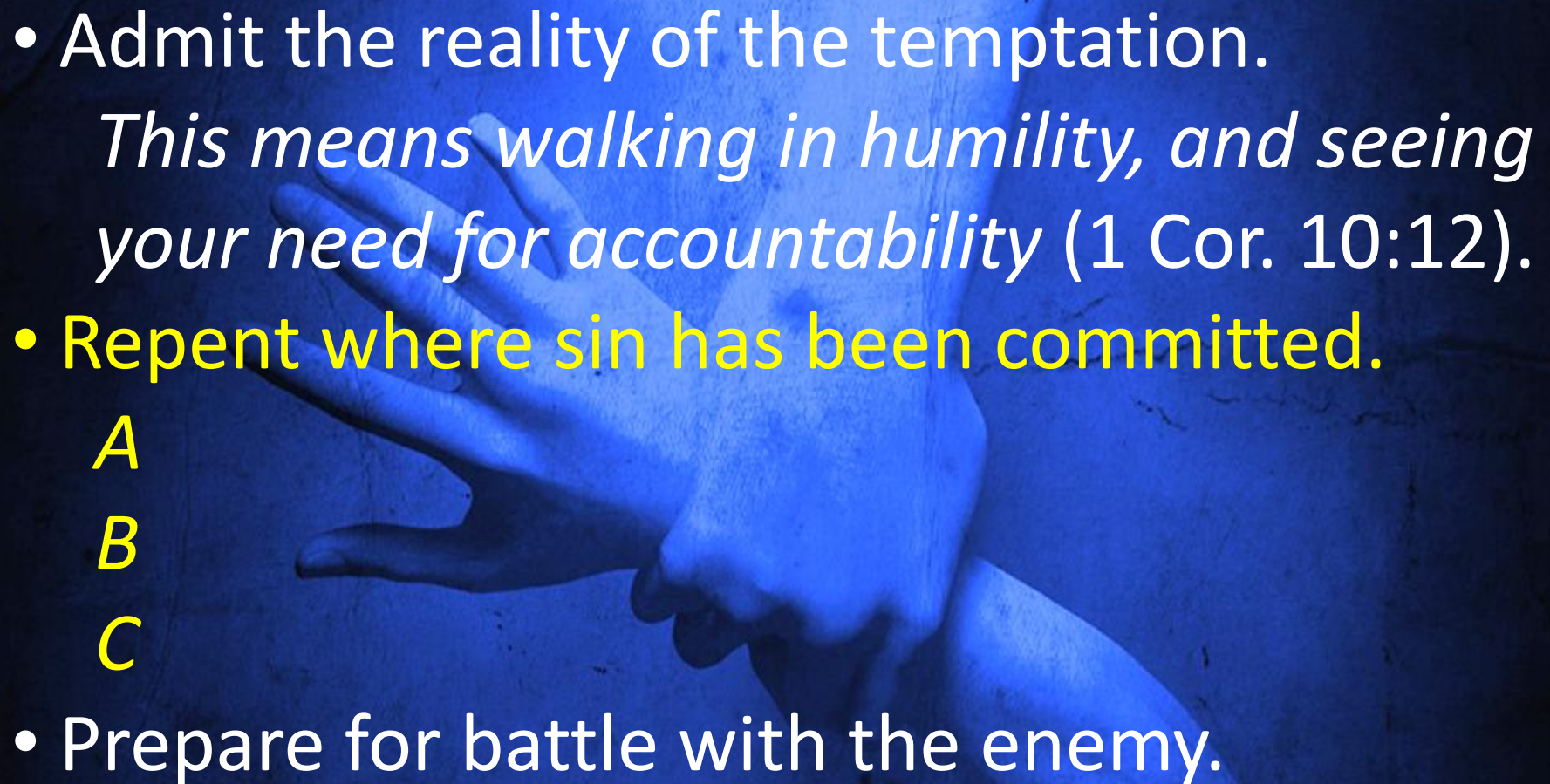
A close-up photograph of a person's hands clasped together in a prayerful gesture, set against a vibrant, textured red background. The lighting is dramatic, highlighting the contours of the hands and the texture of the skin. The overall mood is one of solemnity and devotion.

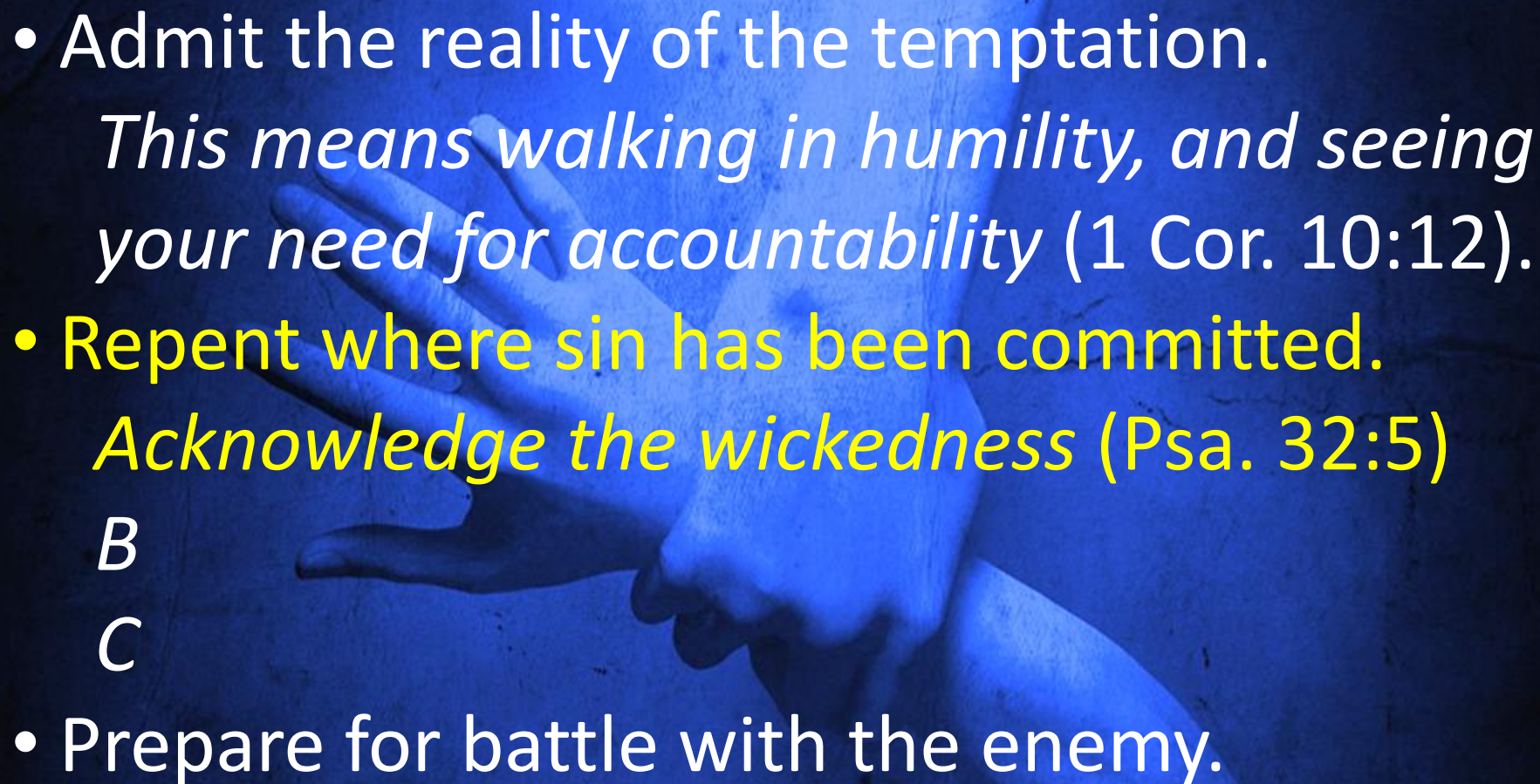
12 Therefore let anyone who thinks that he stands take heed lest he fall.

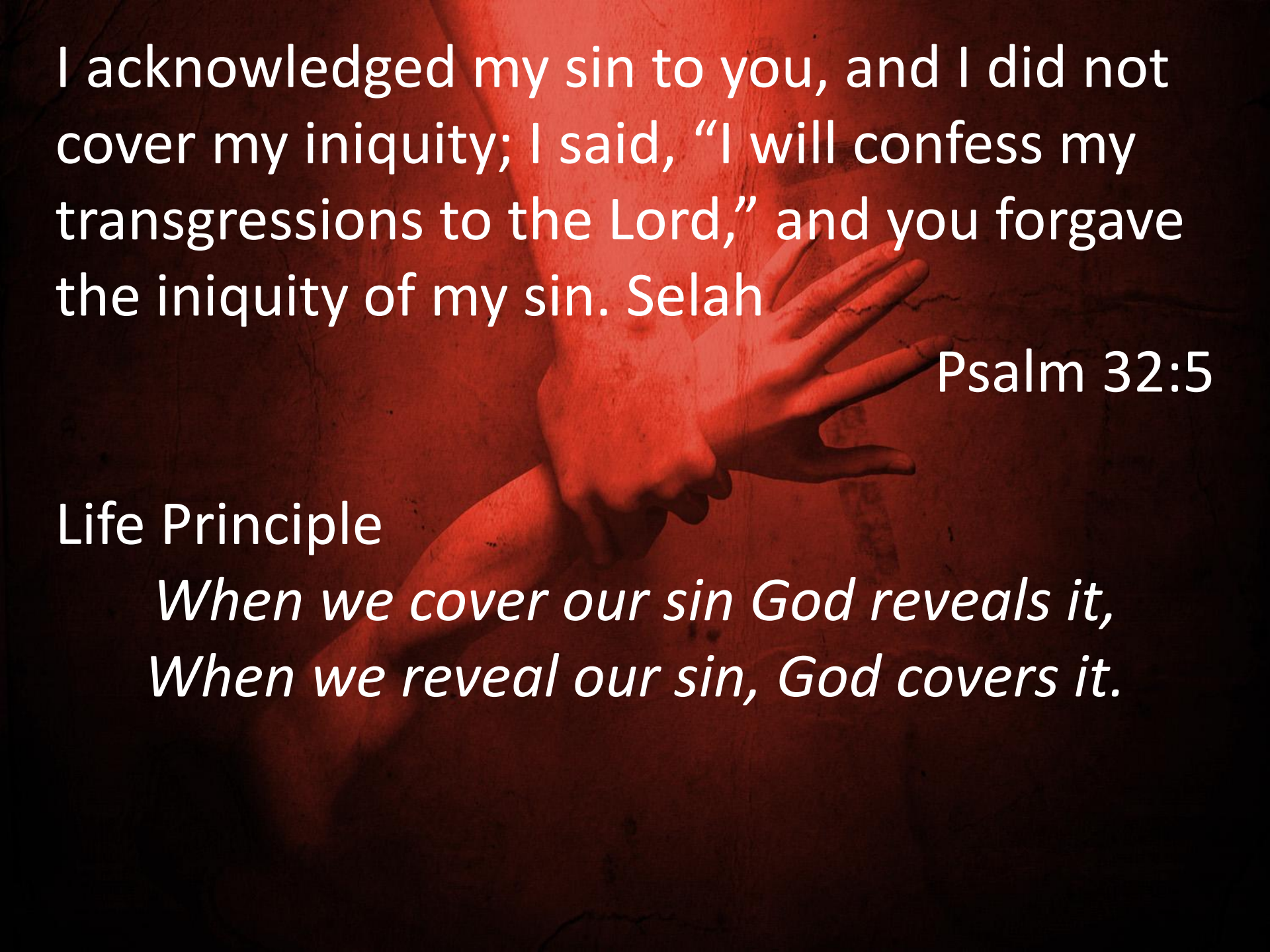
13 No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it.

14 Therefore, my beloved, flee from idolatry.

– 1 Corinthians 10:12-14

- 
- Admit the reality of the temptation.
This means walking in humility, and seeing your need for accountability (1 Cor. 10:12).
 - Repent where sin has been committed.
 - A
 - B
 - C
 - Prepare for battle with the enemy.

- 
- Admit the reality of the temptation.
This means walking in humility, and seeing your need for accountability (1 Cor. 10:12).
 - Repent where sin has been committed.
Acknowledge the wickedness (Psa. 32:5)
 - B*
 - C*
 - Prepare for battle with the enemy.

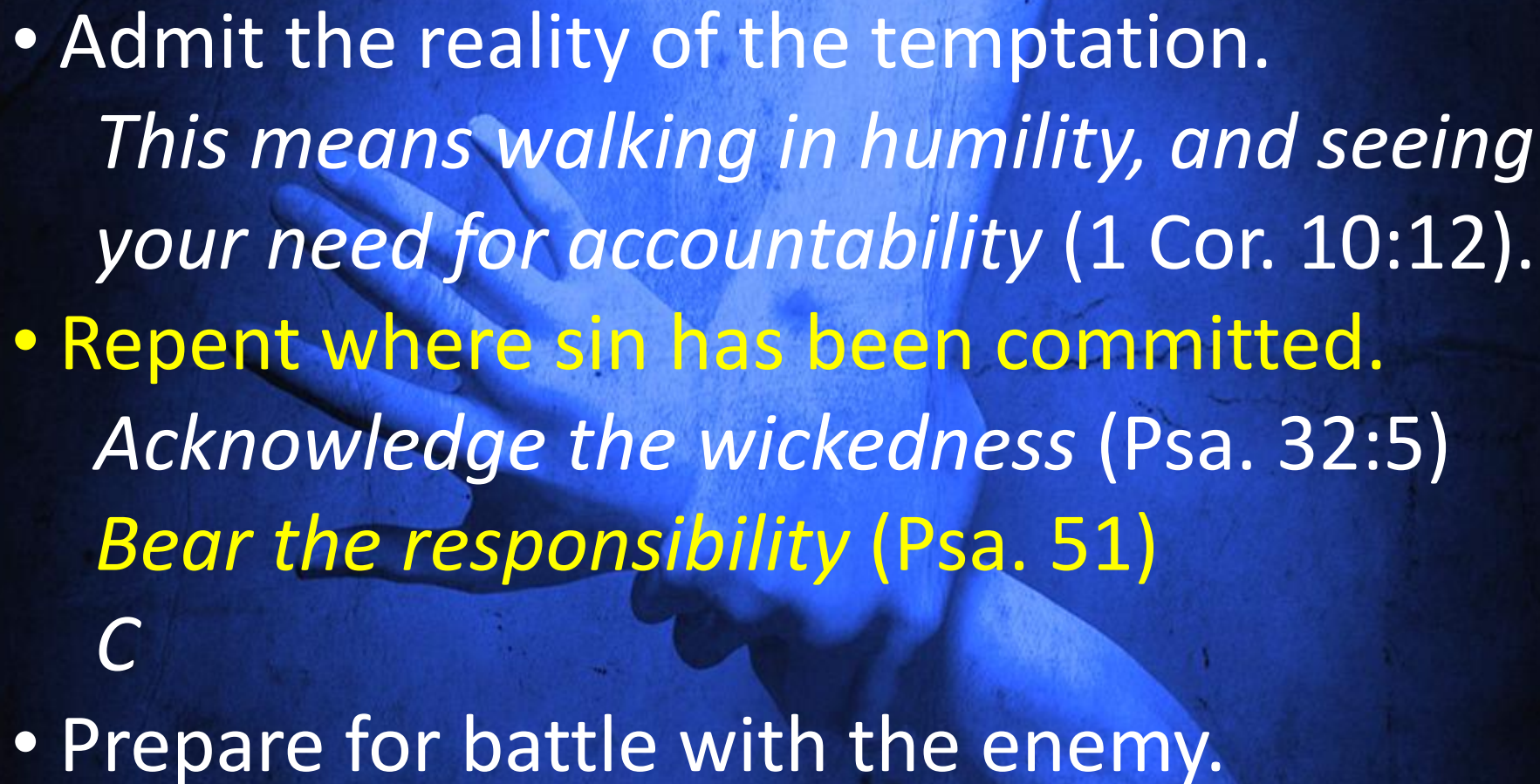
A photograph of a person's hands pressed against a wall, illuminated with a strong red light. The hands are positioned as if in prayer or seeking help. The background is dark, and the red light creates a dramatic, somber atmosphere.

I acknowledged my sin to you, and I did not cover my iniquity; I said, "I will confess my transgressions to the Lord," and you forgave the iniquity of my sin. Selah

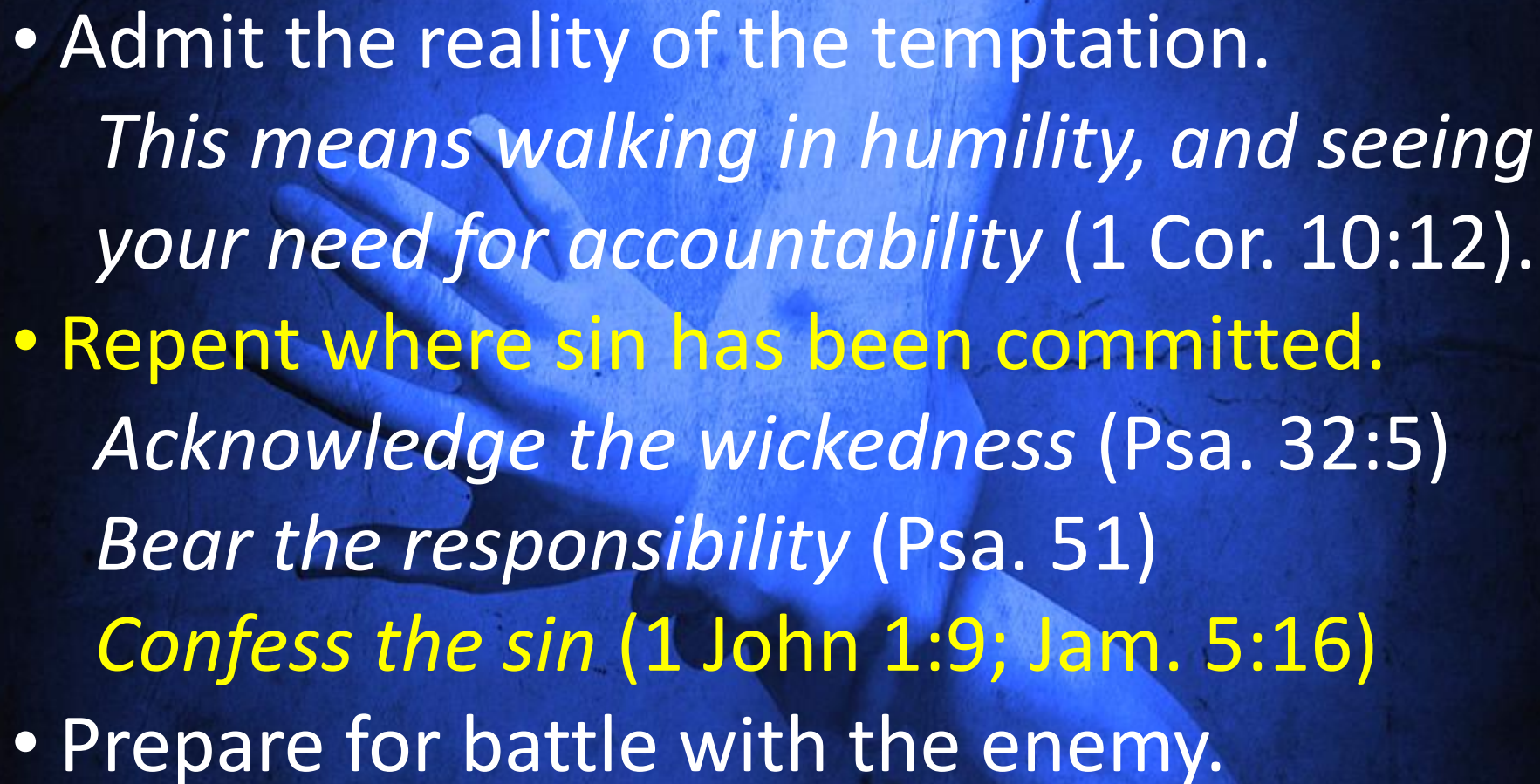
Psalm 32:5

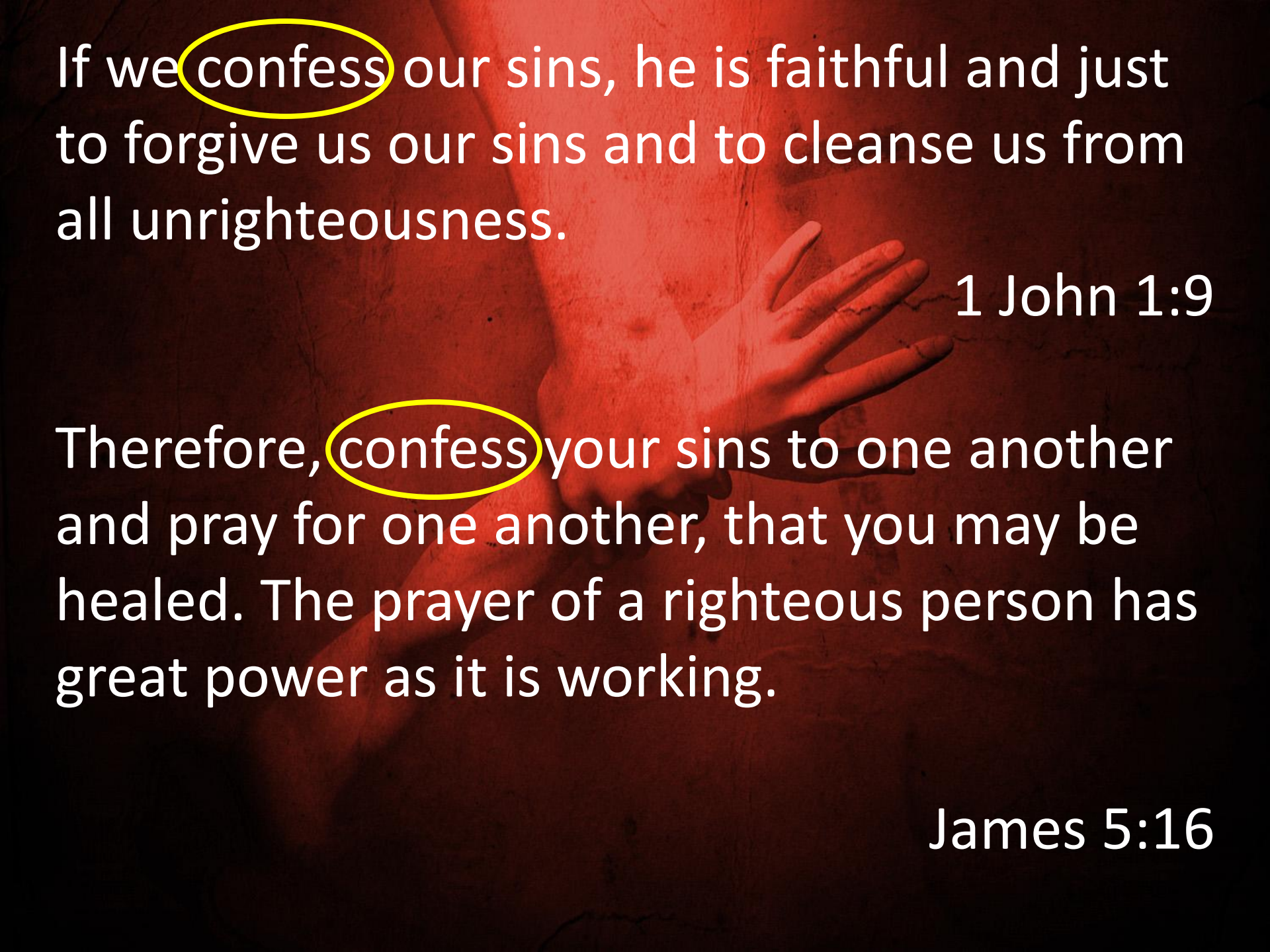
Life Principle

*When we cover our sin God reveals it,
When we reveal our sin, God covers it.*

- 
- Admit the reality of the temptation.
This means walking in humility, and seeing your need for accountability (1 Cor. 10:12).
 - Repent where sin has been committed.
Acknowledge the wickedness (Psa. 32:5)
Bear the responsibility (Psa. 51)
 - Prepare for battle with the enemy.

C

- 
- Admit the reality of the temptation.
This means walking in humility, and seeing your need for accountability (1 Cor. 10:12).
 - Repent where sin has been committed.
Acknowledge the wickedness (Psa. 32:5)
Bear the responsibility (Psa. 51)
Confess the sin (1 John 1:9; Jam. 5:16)
 - Prepare for battle with the enemy.

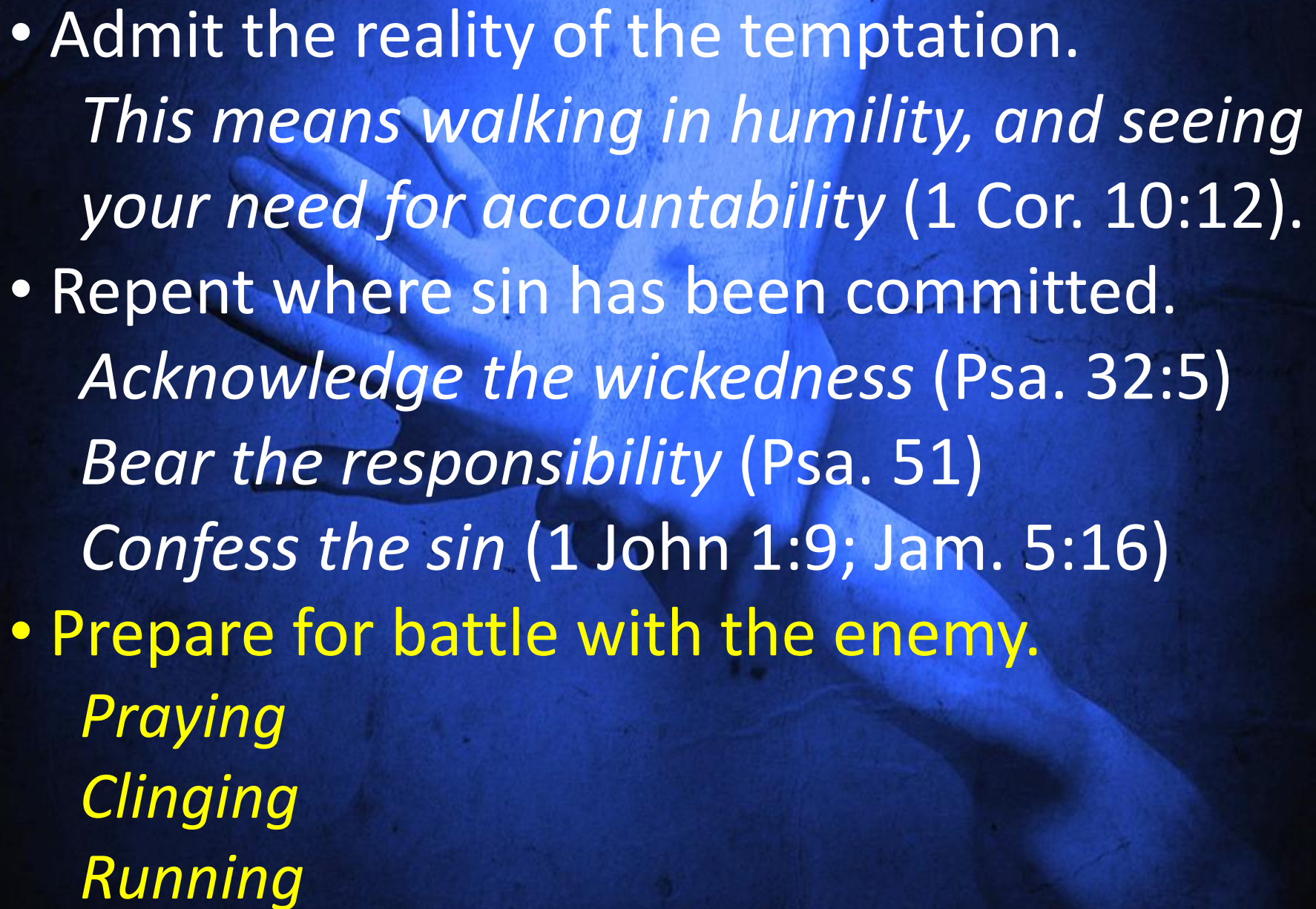
A close-up photograph of a person's hands in a prayerful gesture, with fingers spread and palms facing each other. The hands are set against a dark, textured background. The word "confess" is circled in yellow in the text below.

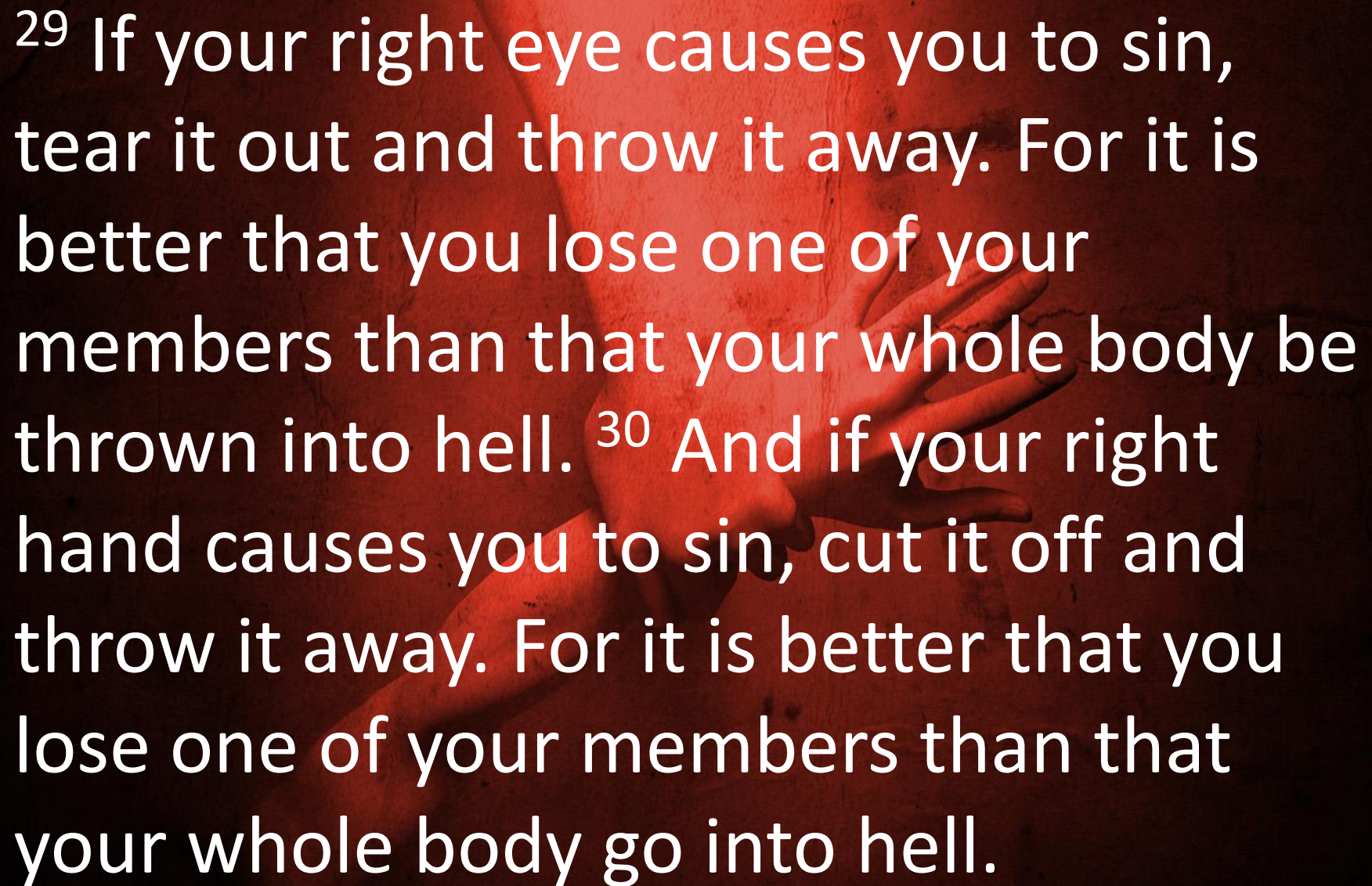
If we **confess** our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

1 John 1:9

Therefore, **confess** your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working.

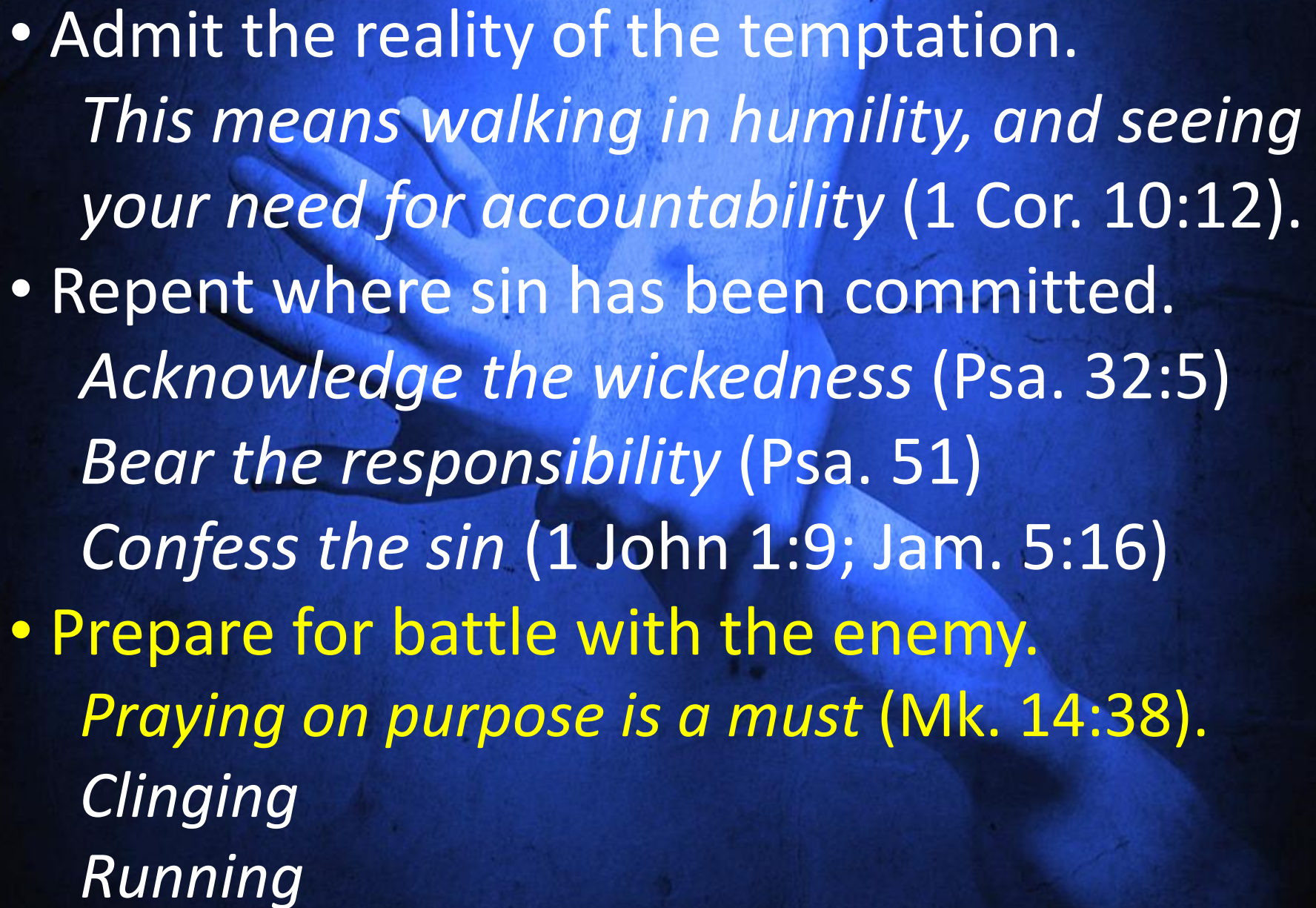
James 5:16

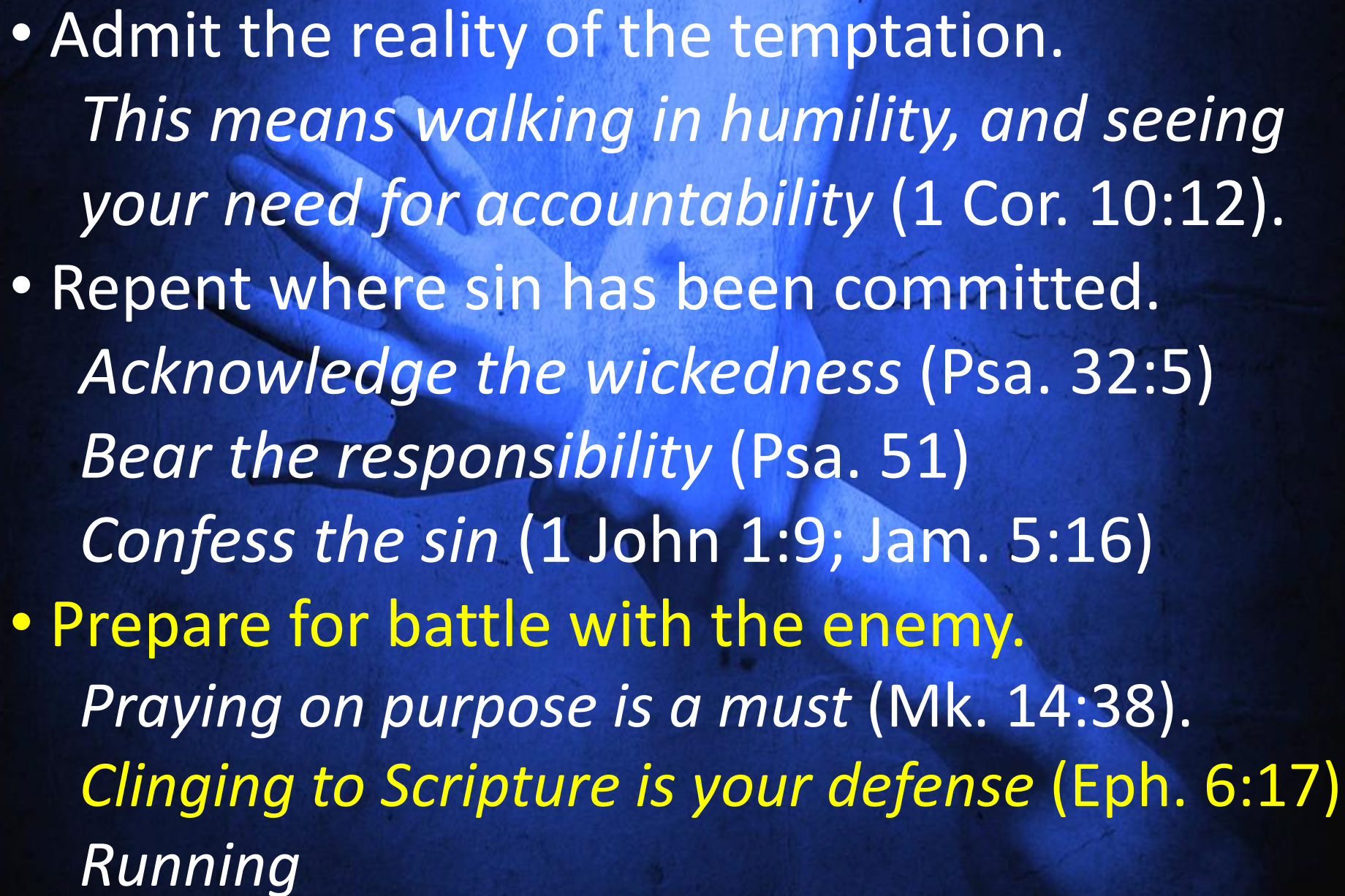
- 
- Admit the reality of the temptation.
This means walking in humility, and seeing your need for accountability (1 Cor. 10:12).
 - Repent where sin has been committed.
Acknowledge the wickedness (Psa. 32:5)
Bear the responsibility (Psa. 51)
Confess the sin (1 John 1:9; Jam. 5:16)
 - Prepare for battle with the enemy.
Praying
Clinging
Running

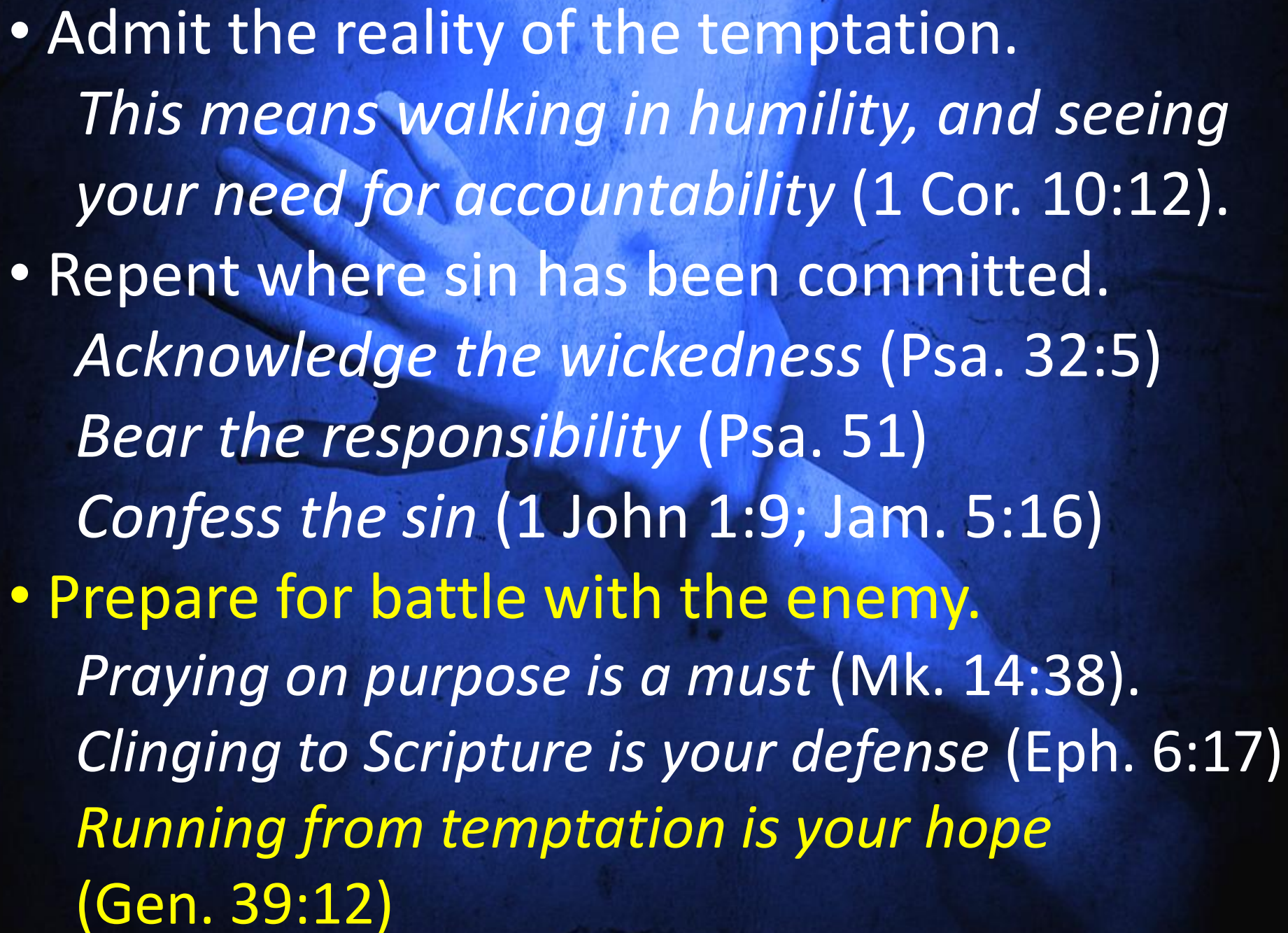


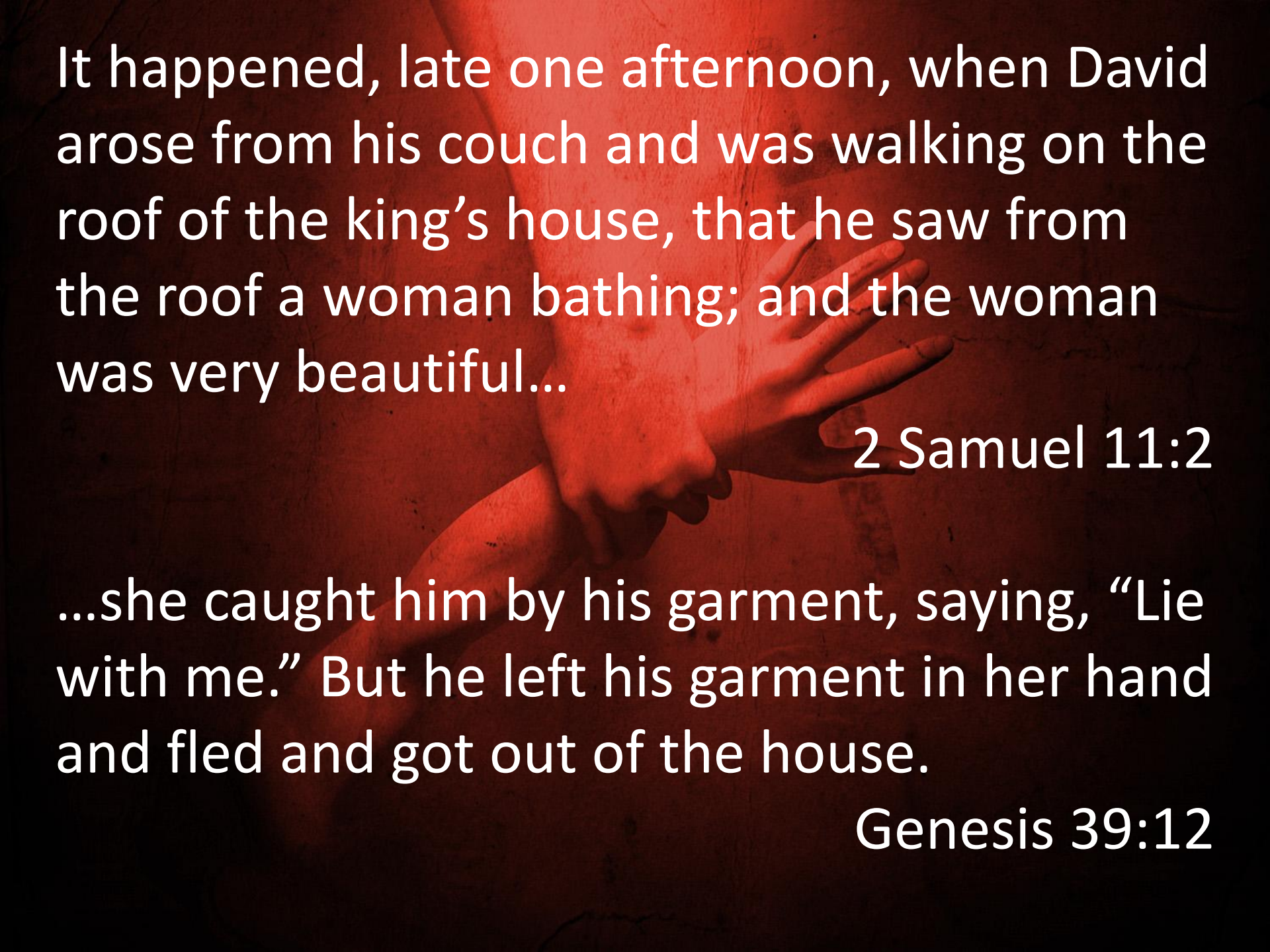
29 If your right eye causes you to sin, tear it out and throw it away. For it is better that you lose one of your members than that your whole body be thrown into hell. 30 And if your right hand causes you to sin, cut it off and throw it away. For it is better that you lose one of your members than that your whole body go into hell.

Matthew 5:29-30

- 
- Admit the reality of the temptation.
This means walking in humility, and seeing your need for accountability (1 Cor. 10:12).
 - Repent where sin has been committed.
Acknowledge the wickedness (Psa. 32:5)
Bear the responsibility (Psa. 51)
Confess the sin (1 John 1:9; Jam. 5:16)
 - Prepare for battle with the enemy.
Praying on purpose is a must (Mk. 14:38).
Clinging
Running

- 
- Admit the reality of the temptation.
This means walking in humility, and seeing your need for accountability (1 Cor. 10:12).
 - Repent where sin has been committed.
Acknowledge the wickedness (Psa. 32:5)
Bear the responsibility (Psa. 51)
Confess the sin (1 John 1:9; Jam. 5:16)
 - **Prepare for battle with the enemy.**
Praying on purpose is a must (Mk. 14:38).
Clinging to Scripture is your defense (Eph. 6:17)
Running

- 
- Admit the reality of the temptation.
This means walking in humility, and seeing your need for accountability (1 Cor. 10:12).
 - Repent where sin has been committed.
Acknowledge the wickedness (Psa. 32:5)
Bear the responsibility (Psa. 51)
Confess the sin (1 John 1:9; Jam. 5:16)
 - **Prepare for battle with the enemy.**
Praying on purpose is a must (Mk. 14:38).
Clinging to Scripture is your defense (Eph. 6:17)
Running from temptation is your hope
(Gen. 39:12)



It happened, late one afternoon, when David arose from his couch and was walking on the roof of the king's house, that he saw from the roof a woman bathing; and the woman was very beautiful...

2 Samuel 11:2

...she caught him by his garment, saying, "Lie with me." But he left his garment in her hand and fled and got out of the house.

Genesis 39:12

- **Admit the reality of the temptation.**

This means walking in humility, and seeing your need for accountability (1 Cor. 10:12).

- **Repent where sin has been committed.**

Acknowledge the wickedness (Psa. 32:5)

Bear the responsibility (Psa. 51)

Confess the sin (1 John 1:9; Jam. 5:16)

- **Prepare for battle with the enemy.**

Praying on purpose is a must (Mk. 14:38).

Clinging to Scripture is your defense (Eph. 6:17)

*Running from temptation is your hope
(Gen. 39:12)*