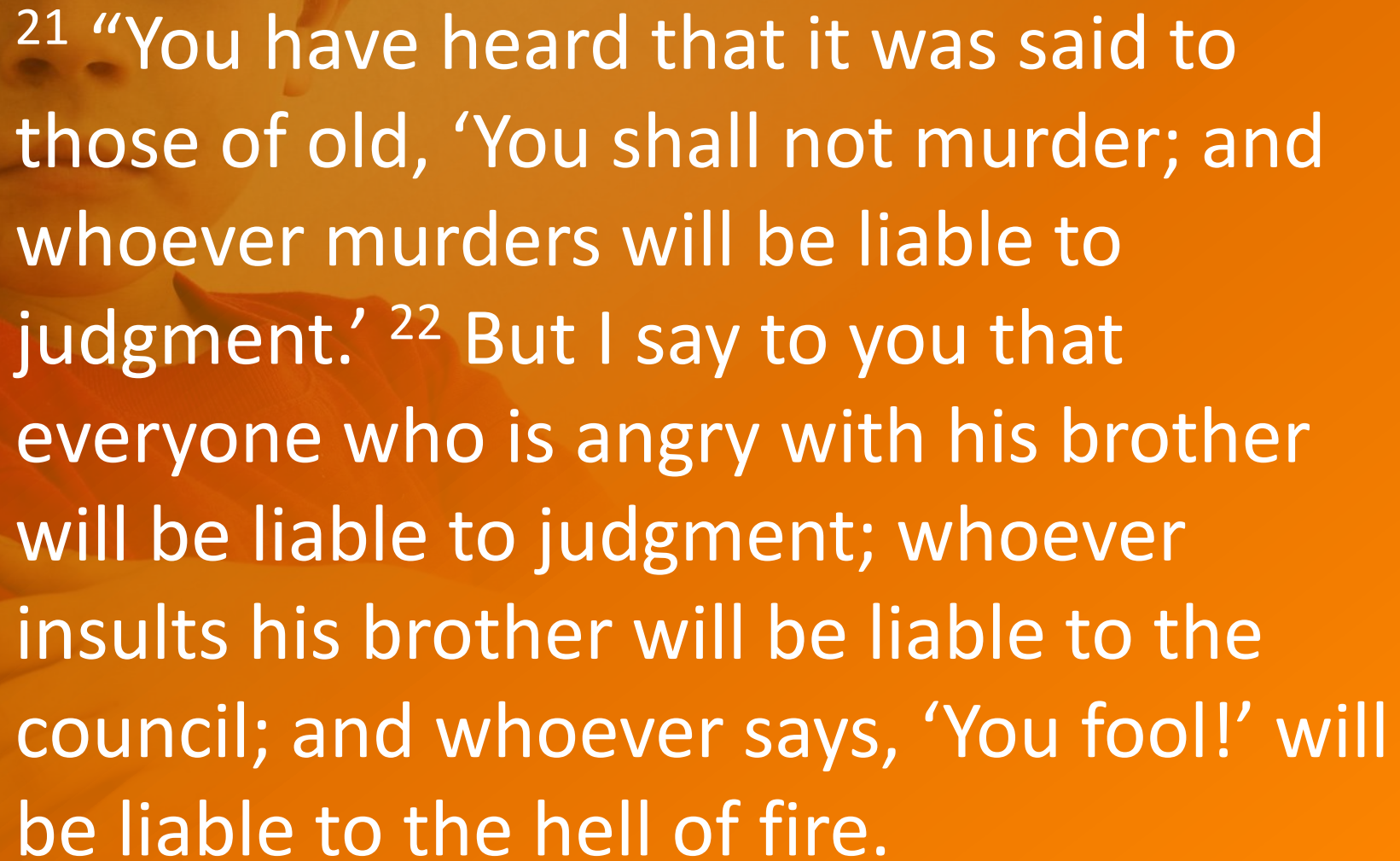




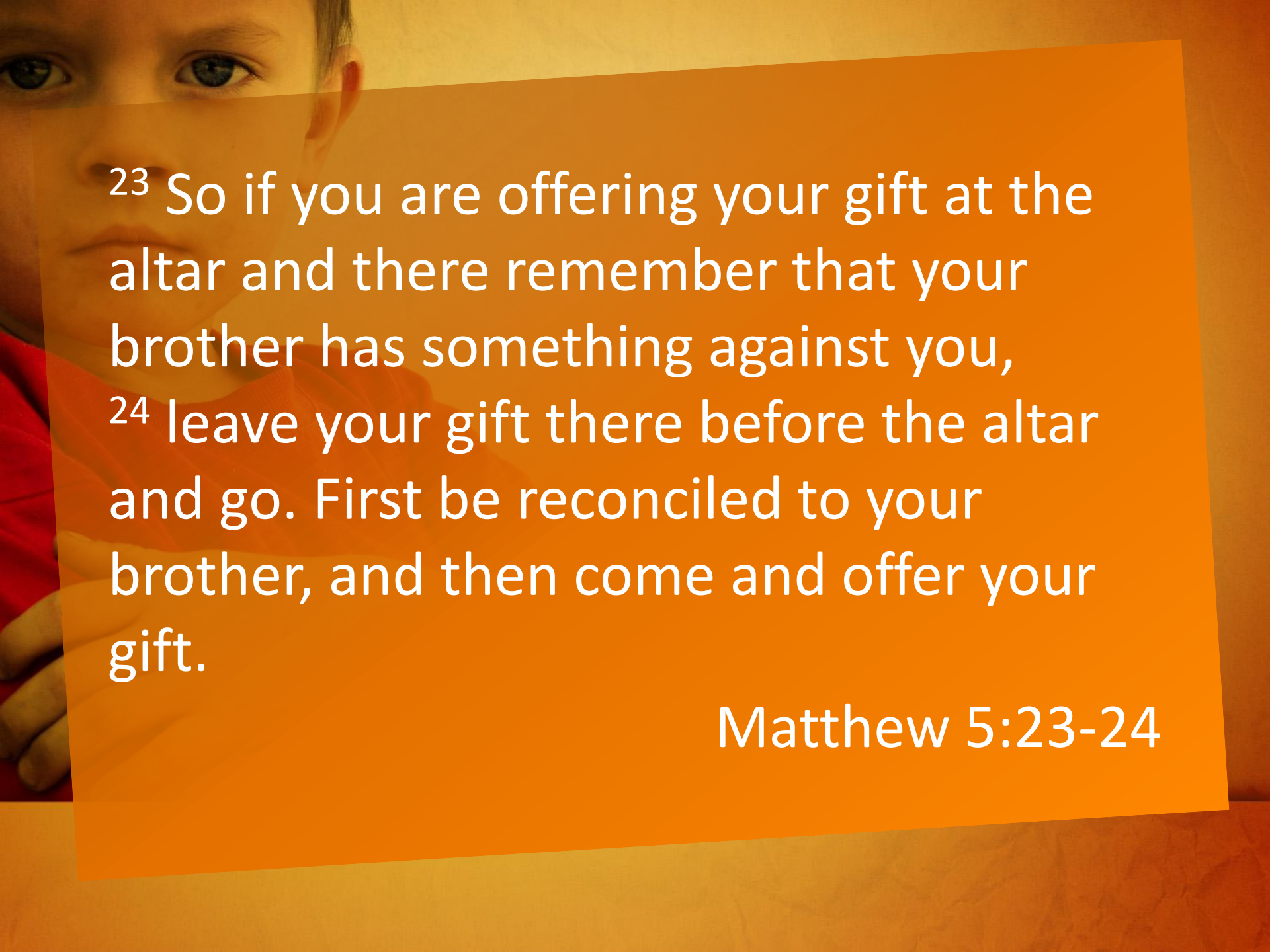
**Working on Anger
from the
Inside-Out**

Matthew 5:21-26



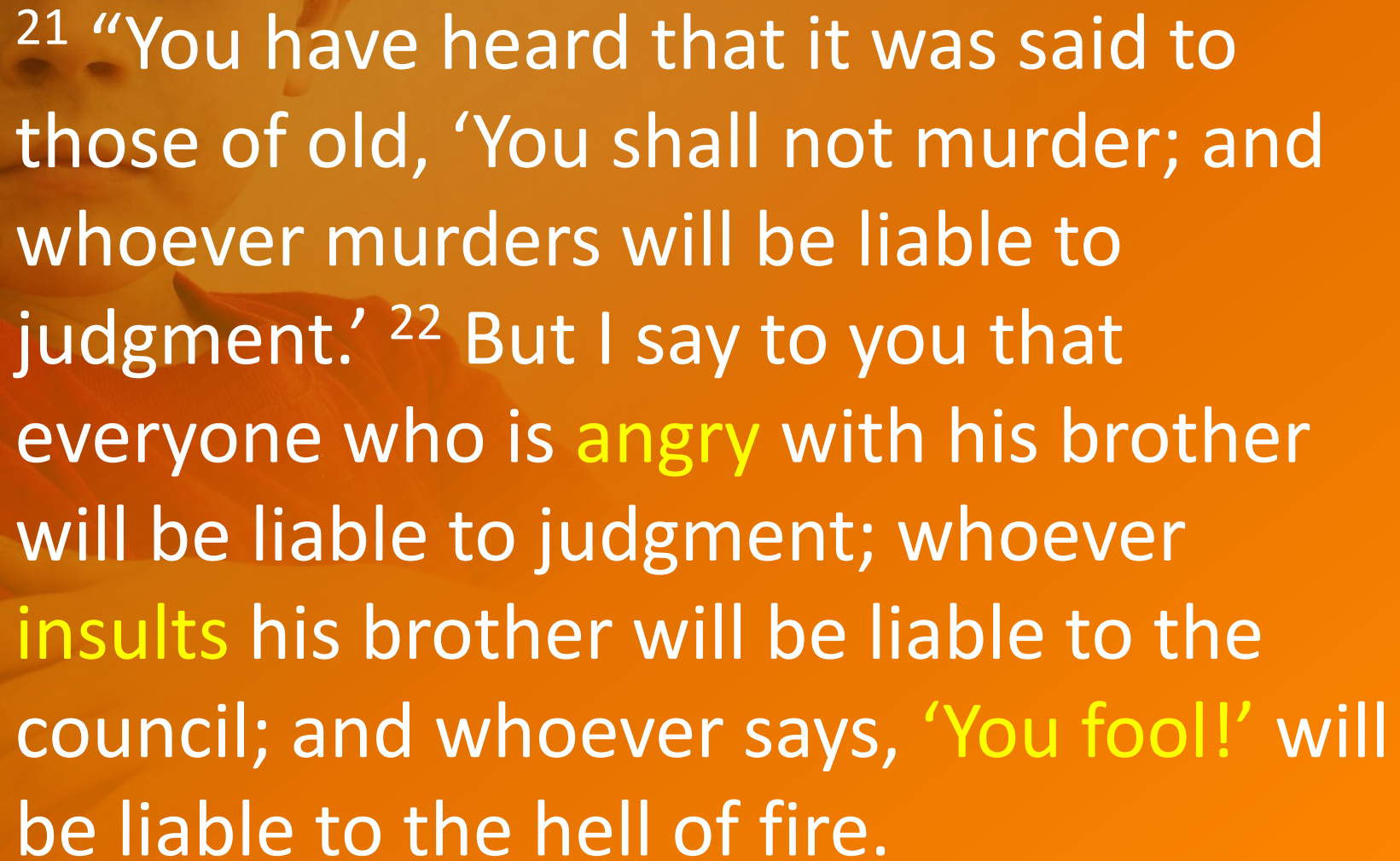
²¹ “You have heard that it was said to those of old, ‘You shall not murder; and whoever murders will be liable to judgment.’ ²² But I say to you that everyone who is angry with his brother will be liable to judgment; whoever insults his brother will be liable to the council; and whoever says, ‘You fool!’ will be liable to the hell of fire.

Matthew 5:21-22



²³ So if you are offering your gift at the altar and there remember that your brother has something against you,
²⁴ leave your gift there before the altar and go. First be reconciled to your brother, and then come and offer your gift.

Matthew 5:23-24



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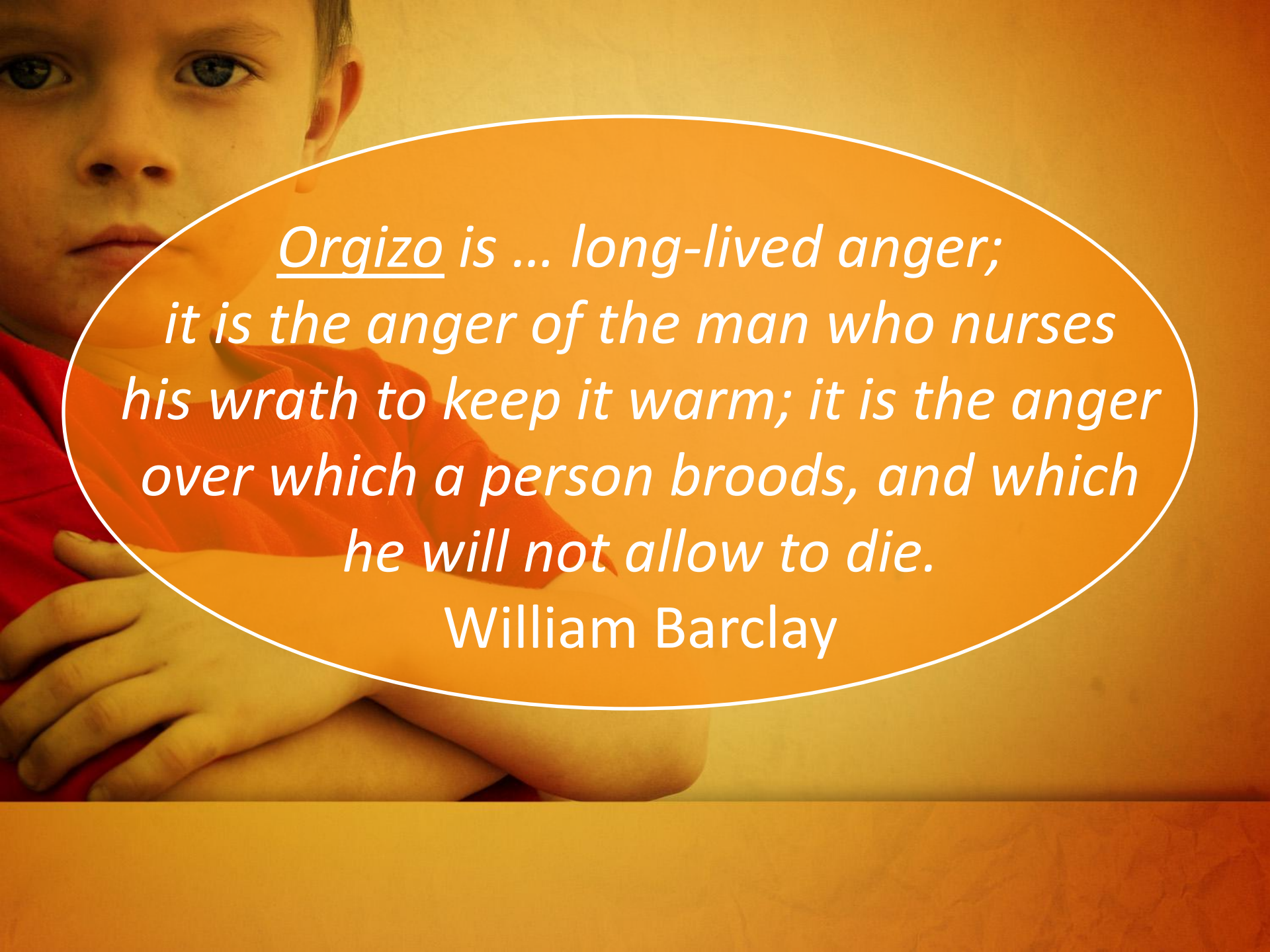


The Problems with Anger

- It is internal
- It is speech-revealed . . .
- It is arrogant . . .

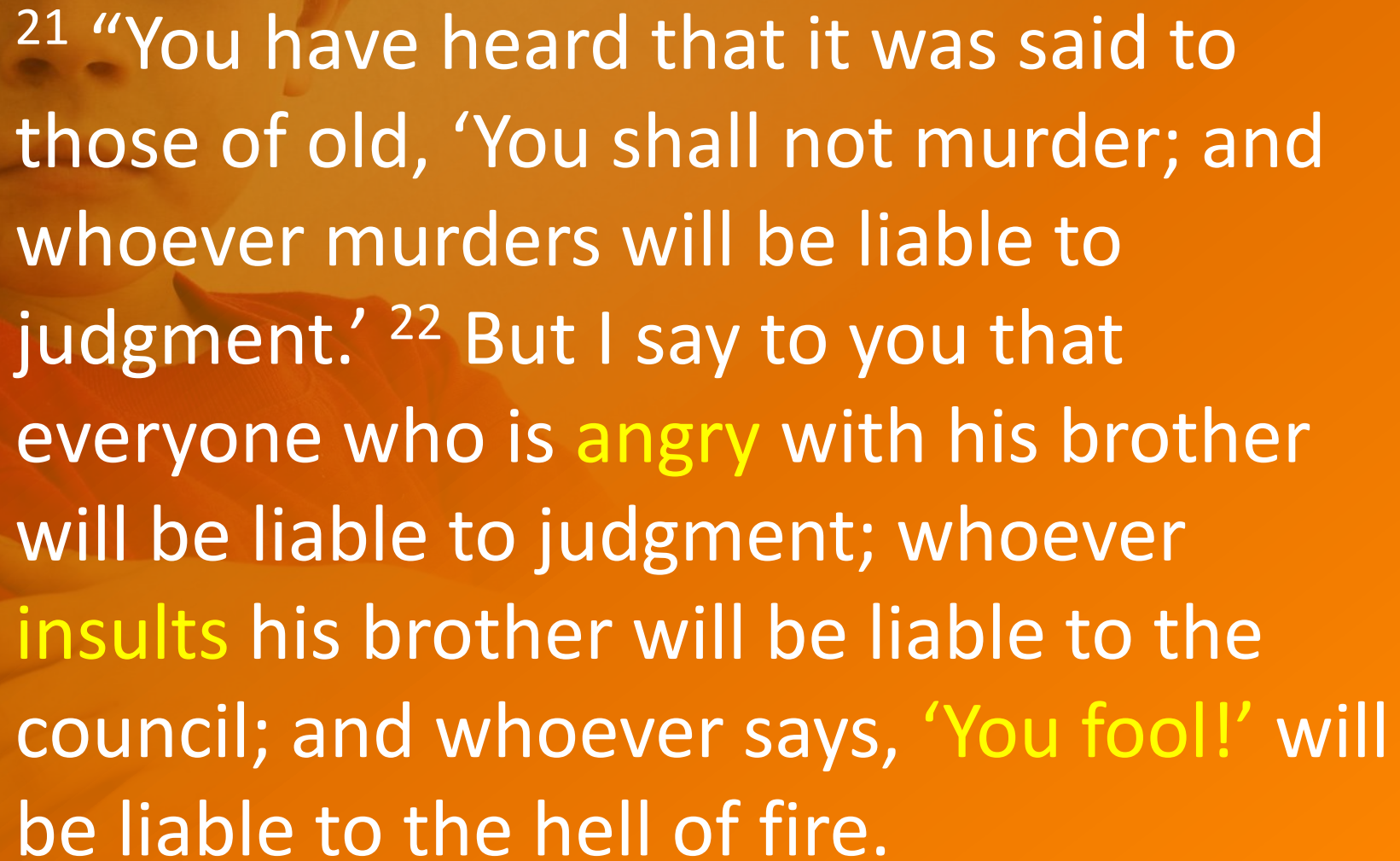
The Problems with Anger

- It is internal before it is external – it may not be seen until it has taken serious root (*orgizo*).
- It is speech-revealed . . .
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*Orgizo is ... long-lived anger;
it is the anger of the man who nurses
his wrath to keep it warm; it is the anger
over which a person broods, and which
he will not allow to die.*

William Barclay



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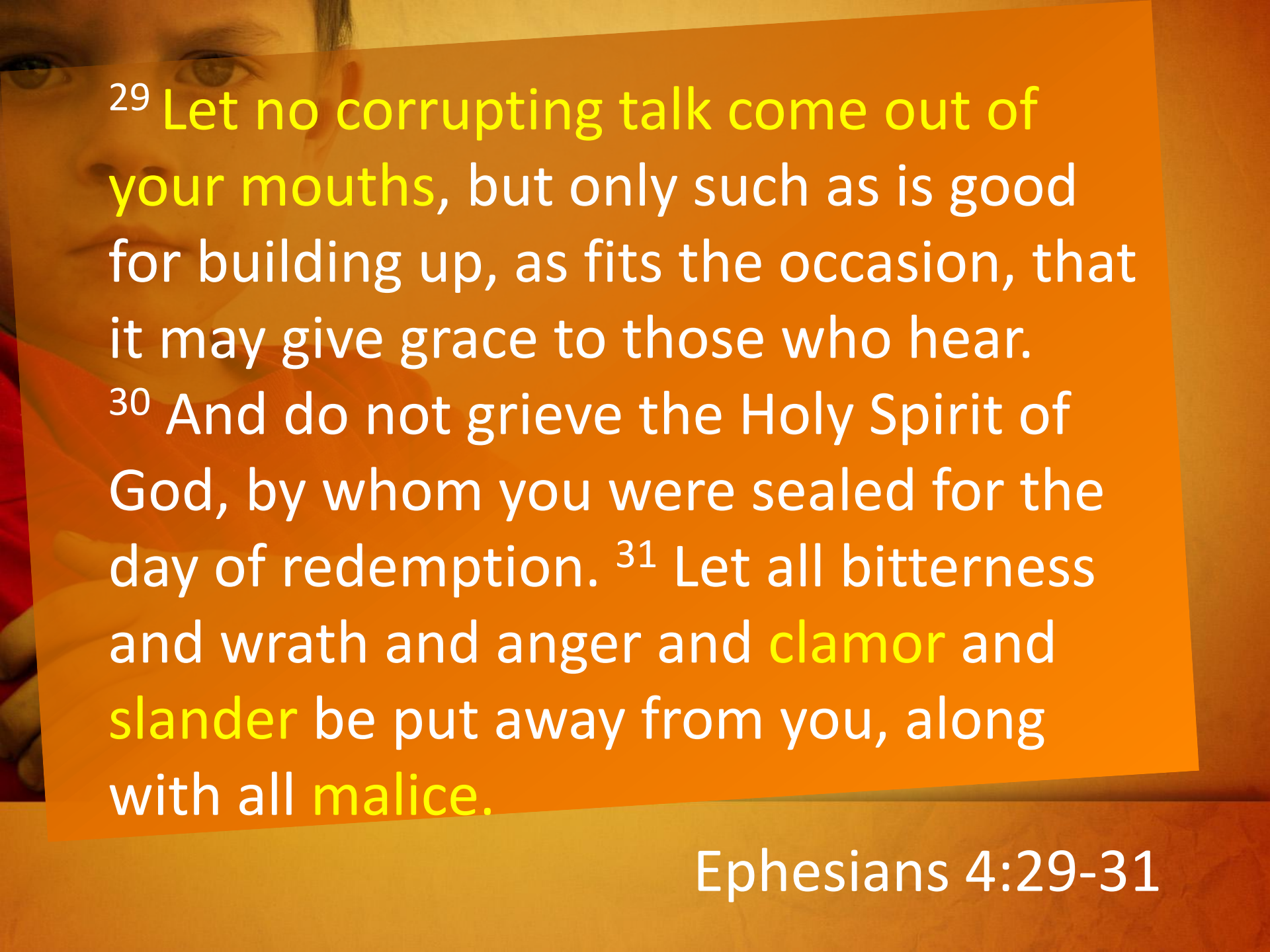
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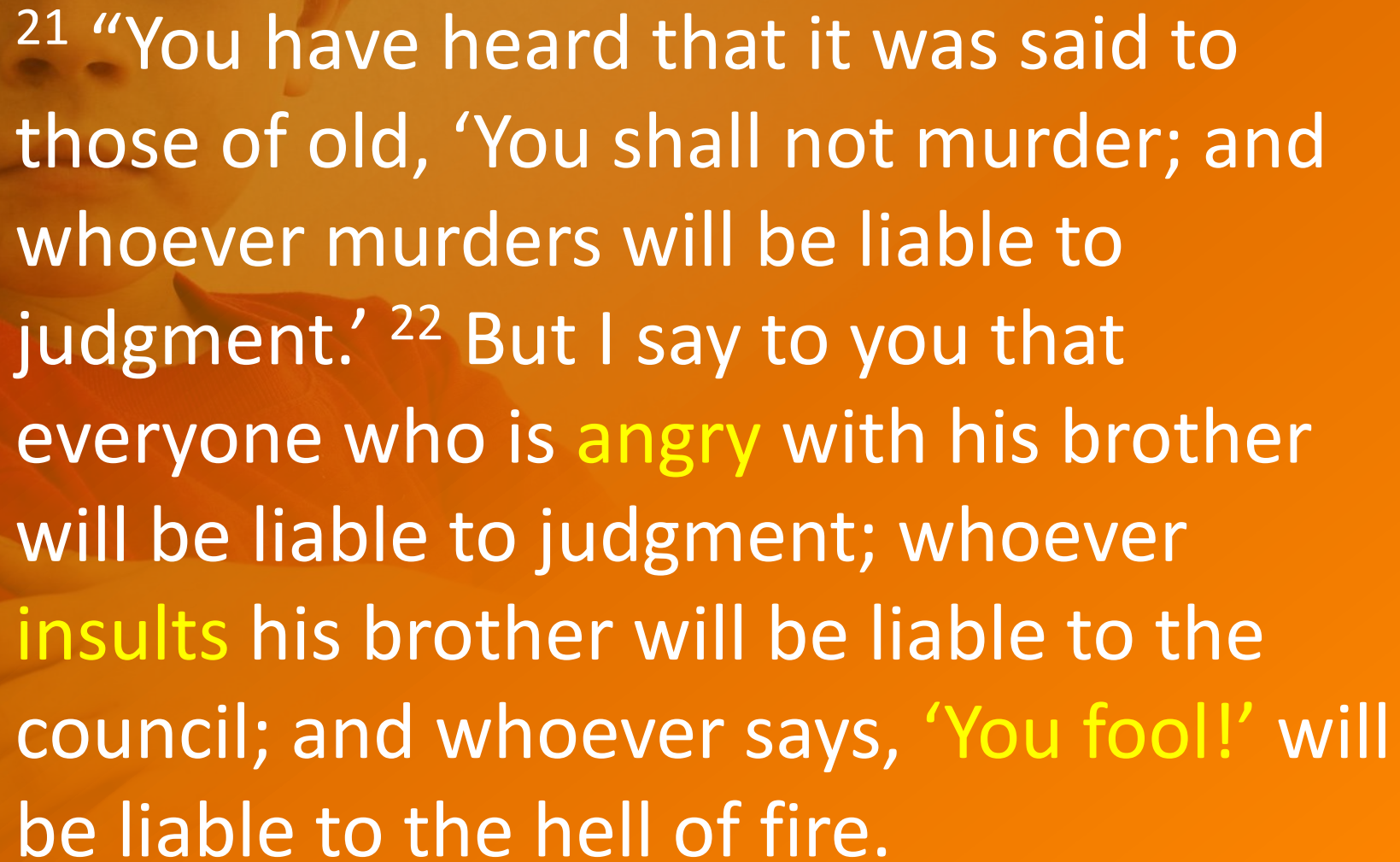
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- It is speech-revealed – its discovery brings serious damage (Matt. 12:34; Eph. 4:31).
- It is arrogant . . .



²⁹ Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear.

³⁰ And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. ³¹ Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice.

Ephesians 4:29-31

A young child with blue eyes is looking over a translucent orange banner that covers most of the image. The banner contains text in white and yellow. The text is a quote from the Bible, Matthew 5:21-22, which discusses the consequences of anger and insults.

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- It is arrogant in judging what it cannot see in others – motives, intentions, and heart (1 Cor. 4:5; Psalm 14:1).



The Belief System of the Angry Person

- You believe what feels right must be right.
- You believe your thoughts have a mind of their own .
- You believe your desires are your rulers.

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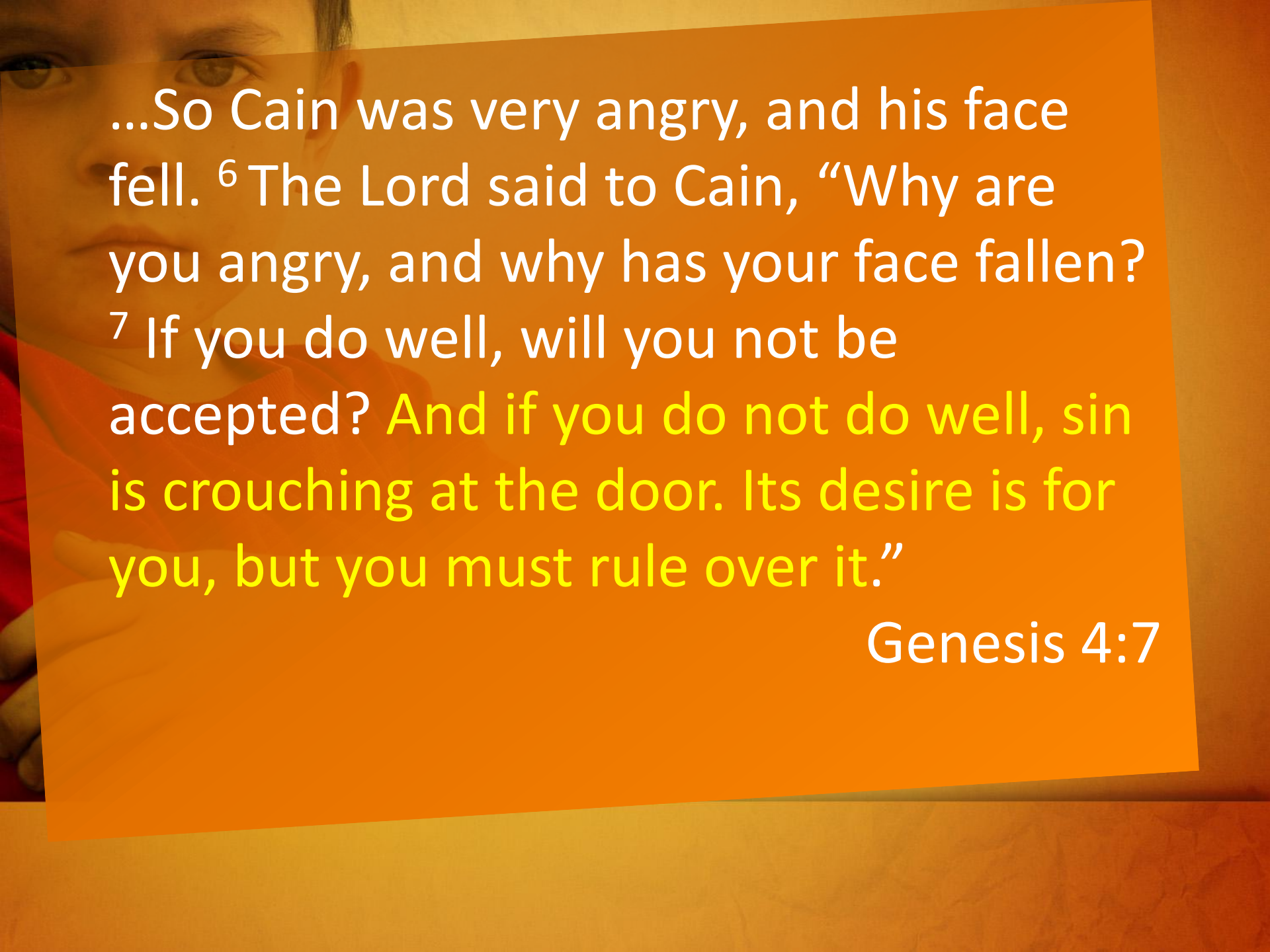
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The truth: In Christ, you have the power to choose (Gen. 4:7).



...So Cain was very angry, and his face fell. ⁶ The Lord said to Cain, “Why are you angry, and why has your face fallen? ⁷ If you do well, will you not be accepted? **And if you do not do well, sin is crouching at the door. Its desire is for you, but you must rule over it.”**

Genesis 4:7

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Help for the Angry Person

- Admit your part . . .
- See your part . . .
- Do your part . . .



Help for the Angry Person

- Admit your part – your “angry-man” belief system is faulty (2 Cor. 10:5).
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