


A person's legs in blue jeans and black sneakers are walking on a green, textured surface that looks like a book cover or a similar material. The text is overlaid on the image.

Walk in the Spirit

Daily Dependence on God

Galatians 5:16-17

A photograph showing the lower legs and feet of a person wearing dark high-heeled shoes, walking on a green, textured surface that looks like a stone or concrete floor. The lighting is dramatic, with strong shadows and highlights.

16 But I say, walk by the Spirit, and you will not gratify the desires of the flesh. 17 For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do.

Galatians 5:16-18

14 For the whole law is fulfilled in one word:

“You shall love your neighbor as yourself.” 15 But if you bite and devour one another, watch out that you are not consumed by one another.

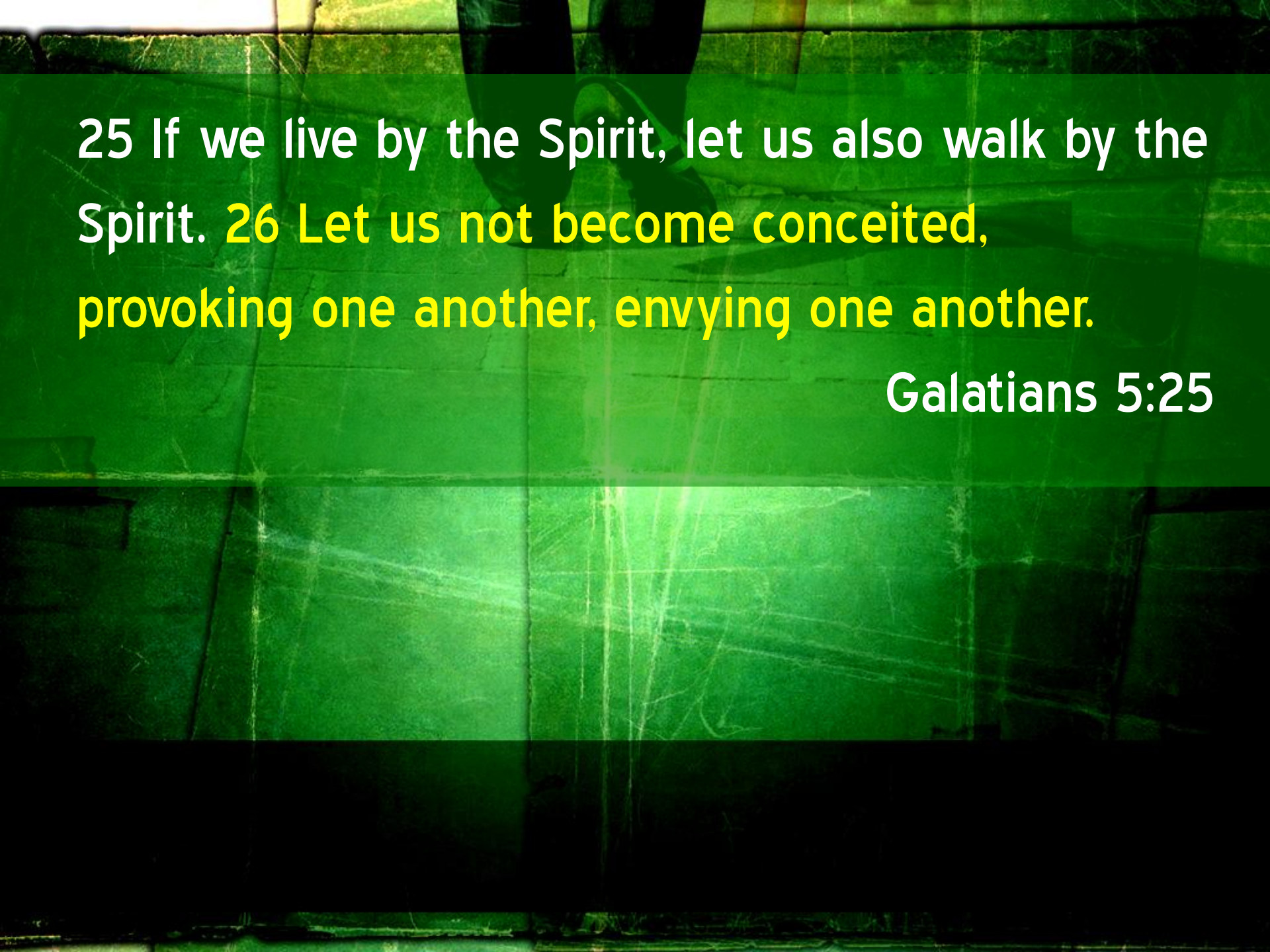
16 But I say, walk by the Spirit, and you will not gratify the desires of the flesh. 17 For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do.

Galatians 5:16-18

A photograph of a person's legs and feet walking on a wooden floor, overlaid with a green filter. The person is wearing dark pants and dark shoes. The floor is made of wooden planks. The text is overlaid on the top left of the image.

25 If we live by the Spirit, let us also walk by the Spirit.

Galatians 5:25



25 If we live by the Spirit, let us also walk by the Spirit. 26 Let us not become conceited, provoking one another, envying one another.

Galatians 5:25

Do these words describe the way you
face challenging relationships?

Ignore

Argue

Avoid

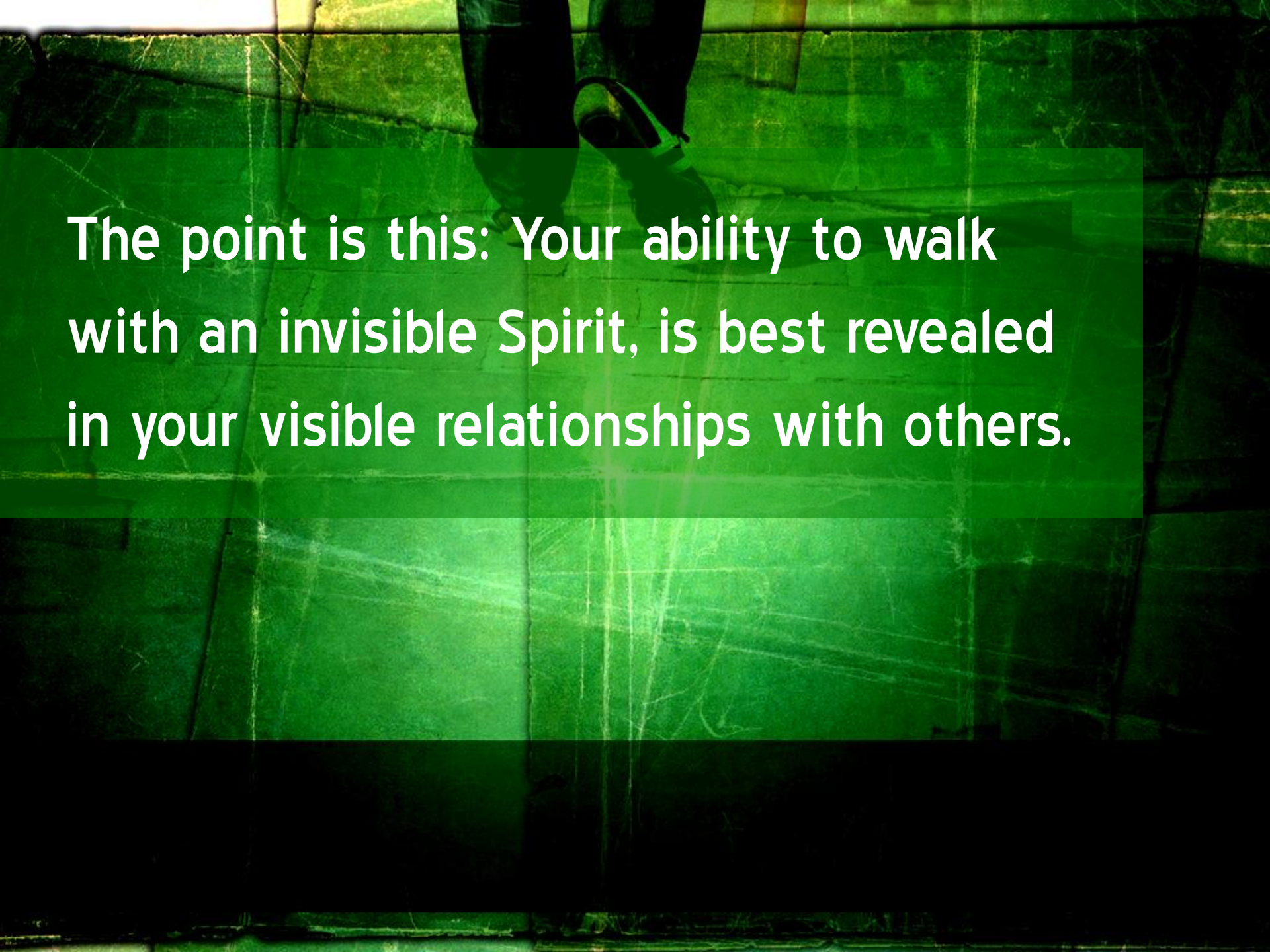
Win at all costs

costs

Quit

Complain

Make them pay

A photograph showing the lower legs and feet of a person wearing dark high-heeled shoes, walking on a floor. The entire image is heavily tinted with a vibrant green color, which is darker in some areas and lighter in others, creating a textured, almost ethereal atmosphere. The floor appears to be made of large tiles or panels. The person's legs are in the upper center of the frame, and their feet are positioned as if they are in the middle of a step.

**The point is this: Your ability to walk
with an invisible Spirit, is best revealed
in your visible relationships with others.**

Walk in the Spirit

A photograph of a person's legs and feet walking on a stone path, overlaid with a green tint. The person is wearing blue jeans and sandals. The text is overlaid on the left side of the image.

Walk in (5:16)

Be Led (5:18)

Live by (5:25)

Keep in step (5:25)



Walk in the Spirit

Walk in... **Develop the daily habit**

Be Led... **of being totally surrendered**

Live by... **with complete dependence**

Keep in step... **and focused attentiveness**
on the Holy Spirit's work.



Walk in the Spirit

Walk in... **Develop the daily habit**

Be Led... **of being totally surrendered**

Live by... **with complete dependence**

Keep in step... **and focused attentiveness**
on the Holy Spirit's work.

A photograph of a person walking on a stone path, overlaid with a green filter. The person is wearing dark pants and shoes. The text is overlaid on the image.

Walk in the Spirit

**Develop the daily habit
of being totally surrendered
with complete dependence
and focused attentiveness
on the Holy Spirit's work.**

Develop the Daily Habit

A photograph of a person's legs from the knees down, wearing blue denim jeans and black sneakers with white laces. The person is walking on a light-colored sidewalk. The entire image is overlaid with a semi-transparent green box that contains white and yellow text. The text is arranged in a list-like format on the left side of the image.

Be Serious:

Be Patient:

Be Focused:

Be Encouraged:

Develop the Daily Habit



Be Serious: *Walking* is dangerous (Eph. 5:17)

Be Patient:

Be Focused:

Be Encouraged:

Walk in the Spirit

So long as we remain in this present life, we never outgrow or transcend the spiritual conflict Paul was describing in this passage. There is no spiritual technique or second blessing that can propel the believer onto a higher plane of Christian living where this battle must no longer be fought.

Timothy George

Walk in the Spirit

O how often I imagined that I was in the midst of the pleasures of Rome when I was stationed in the desert, in that solitary wasteland which is so burned up by the heat of the sun that it provides a dreadful habitation for the monks! I, who because of the fear of hell had condemned myself to such a hell and who had nothing but scorpions and wild animals for company, often thought that I was dancing in a chorus with girls. My face was pale from fasting, but my mind burned with passionate desires within my freezing body; and the fires of sex seethed, even though the flesh had already died in me as a man.

Jerome

Develop the Daily Habit

A photograph of a person's legs and feet walking on a wooden floor. The image is overlaid with a semi-transparent green box that contains text. The person is wearing dark pants and dark shoes. The floor is made of wooden planks. The text is white and yellow, providing instructions on how to develop a daily habit.

Be Serious: *Walking* is dangerous (Eph. 5:17)

Be Patient: *Walking* means small steps (Gal. 6:8-9)

Be Focused:

Be Encouraged:

Develop the Daily Habit

Be Serious: *Walking* is dangerous (Eph. 5:17)

Be Patient: *Walking* means small steps (Gal. 6:8-9)

Be Focused: *Walking* requires changing habitual thought patterns (Eph. 2:2-3; 4:17-18).

Be Encouraged:

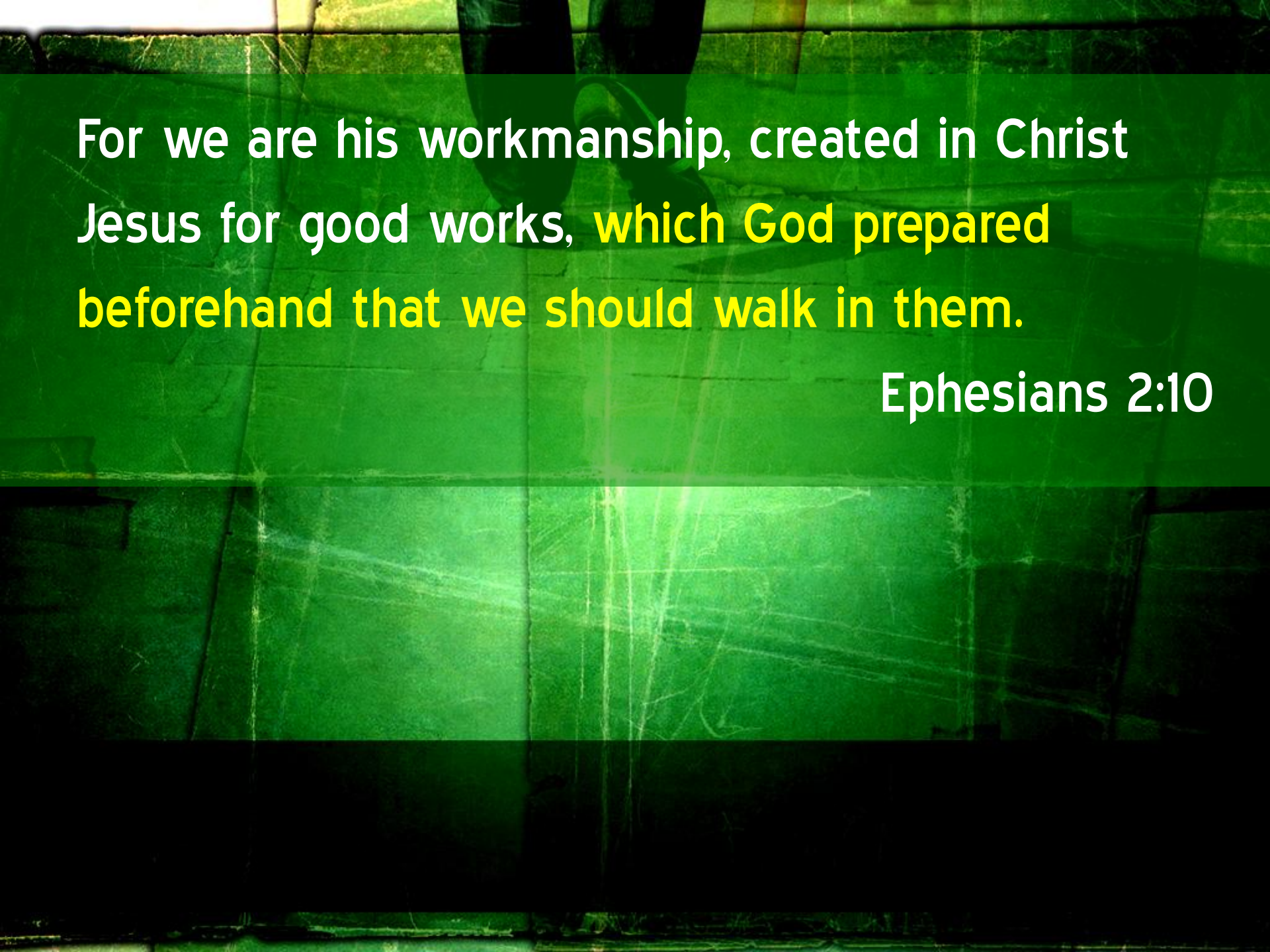
Develop the Daily Habit

Be Serious: *Walking* is dangerous (Eph. 5:17)

Be Patient: *Walking* means small steps (Gal. 6:8-9)

Be Focused: *Walking* requires changing habitual thought patterns (Eph. 2:2-3; 4:17-18).

Be Encouraged: *Walking* infers progress (Eph. 2:10)



For we are his workmanship, created in Christ
Jesus for good works, **which God prepared
beforehand that we should walk in them.**

Ephesians 2:10

Walk in the Spirit

Two desires beat within my breast,
The one is foul; the one is blest.
The one I love; the one I hate,
The one I feed will dominate.

Author unknown